



The SPH Nithyānanda Paramashivam

# Swarga Lokā Where God's Live





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Chant the Mahāvākya, remember Paramaśiva,  
remember He Has come down in the form of  
Nijavatar, my Guru The SPH Nityānanda  
Paramashivam. Connect with seeking and  
receive your answer!



If you are having certain amount of wealth now, intelligence now, relationships now, life is happening in you, all these have happened to you not as an accident; Existence really wants you to have this. You are qualified for it.

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Presidential Address of the SPH Nithyananda Paramashivam.  
3 Dec 2008, Awaken The Divinity In You - Sahasrara Chakra, <https://youtu.be/pO7FMYwb9vs>,



Even if you die this moment, you will take birth again with all these facilities with you..

Presidential Address of the SPH Nithyānanda Paramashivam.  
3 Dec 2008, Awaken The Divinity In You - Sahasrara Chakra, <https://youtu.be/pO7FMYwb9vs>



If you have the amount of intelligence, for example - *you are a doctor. You have this much of wealth. You have this decent of life. You have all these basic facilities, some 2 car, 2 house and all those things. Do not think, it happened to you as an accident*

You may be thinking, *“Any time it may be taken away from me if I die. Then I have to work again to get everything, who knows I’ll have that kind of circumstance, that kind of situation, that kind of everything, who knows”* You have all kinds of misunderstandings, all kinds of insecurity, all kinds of feelings. Even if you die, you will take birth in a place, in a situation, in an ambiance, where you’ll be little more than this not lower than this. This is the way life happens.

Presidential Address of the SPH Nithyānanda Paramashivam.  
Nithyānanda TV, April 2022



You are worthy of where you are' - that is the first rule to bring confidence or contentment. Existence is living through you.

3 Dec 2008, Awaken The Divinity In You - Sahasrara Chakra, <https://youtu.be/pO7FMYwb9vs>,  
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Existence wants to live through you.  
It wants to fulfill itself through you.

When you achieve something great, Existence feels pampered, because it wants to achieve it through you. It wants to live it through you. You are not an accident. You are a clear incident.

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Truth is - Existence is living through you.

You are not an accident.

Even if you think you are an accident, you are not an accident.

Existence is feeling, really overflowing, it wants you to be where you are  
now.

3 Dec 2008, Awaken The Divinity In You - Sahasrara Chakra, <https://youtu.be/pO7FMYwb9vs>,  
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You are not in the position, you are not where you are now, just as an accident.

You are in the position where you are now, just as a clear planned miracle.

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You are a miracle, not an accident

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If you are not here, existence is going to miss you.  
If you are not here, the Planet Earth is going to miss you.

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You are not here as an accident, you are not a misfit.

Existence will miss you if you are not here.

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- 1 List at least 10 misunderstandings, insecurities you carry in you. *No one loves me, I am left alone, If I die I have to restart, go to college, again struggle...*
- 2 Look back at the 10 misunderstandings, from the truth of “*Existence will miss you if you are not here*”. Observe your inner space. With this understanding, you will have a deep relaxation. “*Oh God, I am worthy of what I am*”

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We always see the Whole as our enemy.

We are all waves of this divine; we are all part of this Whole. We cannot exist as an island

13 Sept 2005, I am the Ultimate, Bhagavad Gita, Chapter 10, The SPH Nityananda Paramashivam



The prana which is going inside your body and which is coming out is not your property; it is the property of Existence. And if the prana doesn't function, what you think as you will not be able to function.

What you think as you, whatever you think as you cannot function if the prana doesn't go in and come out. Prana means the vital energy. The very source of your life is not your property

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We always think whatever is outside is our enemy. That is why we continuously try to protect ourselves; we try to protect ourselves from others.

Whomsoever you see, we always look at them with the eyes, 'What for has he come? What is he going to steal from me? What is he going to take from me? How is he going to exploit me?'

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The moment you see somebody, you start the calculation: what for is he here? What should I do before he does anything to me? You are ready. Always, we are calculating because we feel threatened by the existence of other.

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The moment you think the existence or Whole is your enemy, you will start defending.

Continuously, you start fighting

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The fighting mood creates more and more violent feeling in you, more and more restlessness in you

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Live Like Gods On Planet Earth.

It responds to your thoughts. It continuously cares for you. It is intelligence.

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When you live with the feeling of friendliness, with the attitude existence is your friend, existence is your own, naturally, you will feel a deep easiness

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The ultimate secret which is Existence, Paramashivashakti, Brahman is your friend.

The universal energy is not your enemy. It is intelligence and it responds to your thoughts

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Dakshinamurthy Swamigal never used to wear dress; he lived a Paramahansa life. He was sitting under a big tree and meditating blissfully. A king came to see him and the king expected that Swami should stand up and receive him with all the respect. And this Swami did not bother. He did not even care about the king. King came with all his ego and said, 'What! You are an ordinary beggar. I am a king; don't you know how to respect me?' The Swami started laughing. He said, 'Actually, you are the beggar. You are begging respect from me...you are begging respect from me. You feel respected only when somebody gives. But, I don't feel respected even when somebody gives or I don't feel disrespected when somebody doesn't give. Dakshinamurthy Swami says, 'Your personality or your ego can be shaken when all your army people leave you...when your ministers leave you. You being king is dependent on somebody. 'You are king as long as your citizens accept you. So, naturally, directly or indirectly, you will be begging your citizens to accept you because your consciousness is dependent on them. In my case, that is not the case. Whether somebody accepts or not, I am quite blissful. I am Paramahansa.

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We maintain enmity with paramatma.  
That is why we suspect the life; we are afraid when what will happen?  
When this will happen, when that will happen? You are afraid of life  
because you don't believe, you don't trust Paramatman. All your life  
insurance is because you don't trust paramatman

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Your life insurance is not life insurance; it is death insurance.

Real life insurance is the devotion to the Ultimate.

The Existence is taking care of you is the real life insurance.

Understanding the Paramashivashakti is taking care of you,  
understanding the Paramatman is taking care of you is the only life  
insurance

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A small story: A small child is trying to play in the beach. He was trying to go inside the ocean. Mother runs behind him and says, *'Eh! Don't go; don't go. Play here itself; don't go into the water.'* He says, *'Why? Father is going there. Why are you not stopping him? You are stopping me.'* She says, *'He has got insurance...he has got enough insurance.'*

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When you have the deep love, the connecting with the Paramatman, even if you die, you know He knows where to keep you.

You will have deep relaxation.

You will be utterly relaxed.

Even after death, you know He is there to protect you; He is there to guide you.

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If Existence doesn't want you here, you cannot be here even for a single moment

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There is no reason for Existence to keep you alive.  
If He is keeping you alive means you are wanted.

You are wanted in this form, in this way, in this place. That is why you  
are still kept alive

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Even if you are exploited, when you live with the trust, you will live like a God on the planet earth...you will live like a God on the planet earth.

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You can live without thinking.  
You can live without insecure feeling.  
You can live without fear consciousness.

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buddhir jnanavasammoha kshamasatyam tamashymaha sukkham  
dukkham samabhavo bhayamchabhyam ..ahimsa samatadrishtir  
sabodhana ..bhavanti bhavava bhutanam mataeva pratadvita.

Intelligence, knowledge, freedom from doubt and delusion, forgiveness,  
truthfulness, control of the senses, control of the mind, happiness,  
distress, birth, death, fear, fearlessness, non-violence, equanimity,  
satisfaction, austerity, charity, fame and infamy, all these various  
qualities of living beings are created by me alone.

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Whatever you have is gift from the Divine.

He asks us to accept the life as it is. Only when you accept yourself as you are, you will be able to accept others. Only then you will feel deeply friendly with others. Deep friendliness with others is spirituality

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Whether you believe it or not, as of now, we have deep enmity.

We may smile like models for pose. We may smile, we may do everything but you never feel friendly. You always keep a safe distance. You always play safe game...you always play safe game because you never feel the friendliness, deeply connected.

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Accept yourself as you are.

Otherwise, if you are not able to accept yourself as you are, at least accept that you are not able to accept yourself as you are;

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Basic truths of accepting yourself and connecting with the Universe.  
When you understand all these things, when you start connecting with the Divine, when you start trusting, when you start completely opening yourself, when you don't have any other vested interests, when you are not begging anything from life, you start experiencing the very life is divine, the very life is blessing.

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Wicked urge – the thoughts which are making you forget the higher vision, larger mission of your life, making you take short term decisions is wicked urge

*Wicked urge – the electric signals which goes into your system and makes you lose the purpose of your very existence and over turns your whole thinking flow. See it is like a 20 hours you think, plan, properly develop your life spiritually by going to the right place and doing everything. By evening 11 o clock something happens to you and your wicked urge comes up all your spiritual planning, action everything goes into the air. And the wicked urge goes so strongly in your system. You lose the whole purpose of existence and life mess with your life and somebody else's also*

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Paramashivoham Level 3, Season 1, Don't Be Afraid of Life



Wicked urge is the strong signal that goes into your system and overthrows the very purpose with which you are living your life. Overthrows the very understanding with which you are pulling your life

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Paramashivoham Level 3, Season 1, Don't Be Afraid of Life



Step 1: Sit and describe your purpose - 5-6 points

Step 2: Not assuming responsibility, not taking up the role you need to play in the life. Being just afraid of life stops you from your purpose.

Step 3: Renouncing means understanding and executing by realizing certain object or action or thought pattern is not conducive for the fulfillment of the mission you have taken.

*For the sake of your larger vision, mission and responsibility, giving up your whims and fancies and lose way of thinking and acting is renunciation.*

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पूर्णमदः पूर्णमिदम् पूर्णात् पूर्णमुदच्यते ।  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

Poornamadhah Poornamidham Poornaath Poornam Udhachyathey |  
Poornasya Poornamaadhaaya Poornamevaavasishyathey ||

“From the space of Completion only Completion comes out. Even when Completion comes out, Completion remains as Completion. When the Completion goes back, Completion remains as Completion”.



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