



*Paramaśiva's message directly from KAILĀSA*  
Understand 36 Tattvās to  
Experience Power of  
Samādhi

**The SPH**  
**Nithyānanda Paramashivam**





Chant the Mahāvākya,  
remember Paramaśiva,  
remember He Has come down  
in the form of Nijavatar, my  
Guru The SPH Nithyānanda  
Paramashivam. Connect with  
seeking and receive your  
answer!



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# || Vandanam ||

Scriptures reveal that a conscious resolution at the beginning of anything invokes the presence of the Guru, marking His blessing and auspicious outcome of the action.

## || Sadguru- Vandanam ||

**nityānandaṁ paramasukhadaṁ kevalaṁ jñānamūrṭiṁ  
dvandvāṭitaṁ gaganasadṛṣaṁ tattvamasyādi-lakṣyam|  
ekaṁ nityaṁ vimalam acalaṁ sarvadhī-sākṣi-bhūtaṁ  
bhāvāṭitaṁ triguṇa-rahitaṁ sadGuruṁ tam namāmi||**

I surrender to that SadGuru who is the eternal bliss, the bestower of supreme happiness, the One, who is the embodiment of wisdom, who is beyond duality, who is omnipresent, to whom the Supreme goal is giving the Enlightenment experience, who is eternal, pure and unshakable, who is the silent spectator of all thought processes, who is beyond emotions, who is without the three qualities called Sattva, Rajas and Tamas.

## || Guru Parampara Vandanam ||

**nithyānandeśvara Paramaśivasamārambhām  
nithyānandeśvari Paramaśivaśakti madhyamām |  
asmat āchārya paryantām vande Guru paramparām ||**

*In the guru parampara vandanam we offer our gratitude to eternal lineage to all Gurus, to all masters.*

I surrender to the Lineage of all the Enlightened Masters which has Sri Nithyanandeshwara Paramaśiva as the beginning, Sri Nithyanandeshwari Paramaśivaśakti as the middle, and my Guru Nithyānanda as the entirety - from the source onwards.

The SPH Nithyānanda Paramashivam shares His context of invoking the Guru: "I might have heard about God, Brahman, Universe, Advaita, Vishishta Advaita, Dvaita, all powerful, omnipotent, omnipresent, Akhanda, Paripurna, Satchidananda . All big big words - Niramaya, Nirguna, Suddha, Suddha Maya, Suddha Bodha. I might have heard about all those big big theories, concepts, words, inputs, visualisations, fantasies, about God, Ultimate, everything. But finally, I realized it through my Guru. This gratitude is called Guru bhakti. That makes "mannatha sri jagannatho madguru sri jagadguru" 27 May 2017, *Intimacy Vs. Intimate, The Ultimate is Heard Only Through Your Guru*



Your bio energy, the existence you experience as your identity which is empowered by the feeling, cognition of existence, what *you* feel as *you* is capable of creating a **wormhole** to receive the highest existence - Paramaśiva, and radiate the State, Space, Powers, Being, Super Consciousness and KAILĀSA of Paramaśiva.

The SPH Nityānanda Paramashivam  
Nityānanda Satsang ||  
28 Oct 2020  
<https://youtu.be/htHXiACtIM>



Paramaśiva, is the source of the Cosmos,  
Existence, Universe,  
***known reality and 'Avyakta'- unmanifest***  
component of the Universe *everything*.

The SPH Nityānanda Paramashivam  
*Voting Rights For All Global Hindu Ecosystems! ||*  
29 Aug 2020  
<https://youtu.be/nOBMaqGHHcM>



Tattvā means the **basic unit** with which  
Cosmos functions

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There are 36 Tattvās.

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## 36 Tattvās (Highest to Lowest):

1. Śiva Tattvā (highest)
2. Śakti Tattvā
3. Sadaśiva Tattvā
4. Íśvara Tattvā
5. Śuddhadavidya Tattvā
6. Māya Tattvā
7. Kāla Tattvā
8. Niyati Tattvā
9. Kala Tattvā
10. Vidya Tattvā
11. Raga Tattvā
12. Puruśa Tattvā
13. Prakriti Tattvā
14. Buddhi Tattvā
15. Manas Tattvā
16. Ahankara Tattvā
17. Smell (1<sup>st</sup> Panchendriya)
18. Taste (2<sup>nd</sup> Panchendriya)
19. Sight (3<sup>rd</sup> Panchendriya)
20. Touch (4<sup>th</sup> Panchendriya)
21. Hearing (5<sup>th</sup> Panchendriya)
22. Elimination (1<sup>st</sup> Karmendriya)
23. Procreation (2<sup>nd</sup> Karmendriya)
24. Locomotion (3<sup>rd</sup> Karmendriya)
25. Grasping (4<sup>th</sup> Karmendriya)
26. Speaking (5<sup>th</sup> Karmendriya)
27. Listen with absence of sound (1<sup>st</sup> Tanmantra)
28. The absence of smell (2<sup>nd</sup> Tanmatra)
29. Feel absence of touch (3<sup>rd</sup> Tanmatra)
30. Feel the absence of scene (4<sup>th</sup> Tanmatra)
31. Absence of taste (5<sup>th</sup> Tanmatra)
32. Earth (1<sup>st</sup> Pancha Mahābhūta)
33. Water (2<sup>nd</sup> Mahābhūta)
34. Air (3<sup>rd</sup> Mahābhūta)
35. Fire (4<sup>th</sup> Mahābhūta)
36. Space (5<sup>th</sup> Mahābhūta)

The SPH Nīthyānanda Paramashivam  
Nīthyānanda Satsang || 02 October 2020  
<https://youtu.be/bc1rK2zLzp0>  
Bhagavad Gita DECODED, Page 1027,  
Teleporting your whole body || 29 Apr 2011

Karmendriya: senses of action, that are the means of communication between the external world and us.  
Jñānendriya are the senses of perception.  
Each sense is related to one of the energy centers (chakras) in our body-mind system.  
Tanmatra means the ability to go up or come down in different frequencies.





36 Tattvās, out of which the Cosmos is made, why they behave the way they behave. That unit principle is only these 4 Tattvās - Integrity, Authenticity, Responsibility, Enriching.

#### Four Tattvā Make You Sadāśiva

- 1 Integrity the thought current you are cherishing with you and others, treating it as life.
- 2 Manifesting powerful cognitions is Authenticity.
- 3 Unit of life is responsibility; based on the responsibility you cognize, powers are manifested in you.
- 4 The purpose of the life, not just human life, is to manifest Pindanda to Brahmanda. Macrocosm- supporting other beings in this journey is enriching.

The SPH Nityānanda Paramaśivam  
*Authenticity is the Key to Power Manifestation* ||  
30 May 2017  
<https://www.youtube.com/watch?v=HKfS46M-5w>

The SPH Nityānanda Paramaśivam  
*INTEGRITY: The First Principle of Becoming Sadaśiva is Not for Morality but for Powerfulness!* || 23 May 2017  
*Powerful Cognitions can take you from Square Zero to Times Square* || 19 May 2017  
*Responsibility Makes Shava Into Paramaśiva* ||  
11 Aug 2017  
*Enriching & Causing - The Keys to Success in Life* ||  
08 Nov 2017



**Everything** which can be known to your mind is in these 36 Tattvās, including your sense pleasures!

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*Through Intense Penance (Tāpas), Your Soul Becomes  
Mature* || 01 September 2020  
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Knowing all these 36 Tattvās are expression of Paramaśiva:

- 1 Experience freedom** from all bad addictions.
- 2 Just know how to be conscious, **give a super conscious breakthrough to self**, what is the right Tattvā towards which you should focus.

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*Through Intense Penance (Tāpas), Your Soul Becomes  
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For example: the more and more you understand the principle of consciousness, more and more you will feel you are consciousness, not just this body.

This body is a very good house, home you reside! It's so nice to have it, so let's keep it healthy - do yoga, eat good food. And let's do what is right to keep the body healthy for a long time.

The SPH Nityānanda Paramashivam  
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<https://www.youtube.com/watch?v=HKfdS46M-5w>



The first and foremost requirement is Dhīraḥ.  
Do NOT **stop** anywhere in between when you  
are given wealth, luxury, longevity or all the  
pleasures, till you reach Paramaśiva's state.

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*Only Learn Things That Are Enlightenment Centric and  
Directly Help You Manifest Powers! || 28 August 2020*  
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Dhīraḥ means, courageous, bold, ferocious, powerful; *will not stop anywhere in between till I manifest Paramaśivatva and Paramaśiva Gadhi, Paramaśiva Padam.*

***Take this saṅkalpa.***

*Even if Indraloka is offered to you, even if you are made as King of Heaven - don't be stuck there. Tell them very clearly, “**Thanks for your offer, but I want only to be Paramaśiva.**” That is the purpose of Paramaśiva Paratva Nirūpaṇam.*

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Śrīmad Bhāgavatam - 3<sup>rd</sup> Skandha, 6<sup>th</sup> Adhyāya  
(chapter), 45<sup>th</sup> śloka (verse)

tathāpare cātmasamādhiyogabalena jitvā prakṛtiṃ  
baliṣṭhām tvāmeva dhīrāḥ puruṣaṃ viśanti

The Dhīras by their sheer power of samādhi  
always being in Oneness with their true self - the  
pure consciousness, **conquer the powerful  
prakṛiti - the whole manifest world, and also  
their own antaḥkaraṇa** - the inner space, which  
are influenced by the 3 guṇas - sattva, rajas, tamas,  
and ultimately indeed enter **into you oh Lord.**

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bhaktyā māmahijānāti yāvānyaścāsmi  
tattvataḥ tato māṃ tattvato jñātvā viśate  
tadanantaram

Bhagavān shares in Gita, 18th chapter, 55th śloka: by devotion **He knows Me in reality, what and who I am; then having known Me in reality, He forthwith enters into the Supreme.**

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## Decide to:

- 1 Study about 36 Tattvās and mature your consciousness,
- 2 Stop eating after sunset. After sunset, the Jāṭharāgni (*digestive fire in the stomach*) is alive only to burn what is already taken into the body. It does not have the energy needed to receive more load,
- 3 Do whatever you do, do it to your Ātmaliṅga, *from morning till night*, and
- 4 Be Dhīraḥ! Have the guts, courage, not to stop till you manifest Paramaśiva.

Take the saṅkalpa(*conscious resolution*) and request Paramaśiva to support you in this saṅkalpa: you should manifest Paramaśivatva; till then, you should not stop.

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# ॥ Shanti Mantra ॥

ॐ पूर्णमदः पूर्णमिदम् पूर्णात् पूर्णमुदच्यते ।  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥  
ॐ शान्तिः शान्तिः शान्तिः ॥

**om pūrṇamadaḥ pūrṇamidam pūrṇāt pūrṇamudacyate |**  
**pūrṇasya pūrṇamādāya pūrṇamevāvaśiṣyate ॥**  
**om śāntiḥ śāntiḥ śāntiḥ ॥**





“From the space of Completion only Completion comes out. Even when Completion comes out, Completion remains as Completion. When the Completion goes back, Completion remains as Completion”

The SPH Nithyānanda Paramashivam shares His context of invoking the Shanti Mantra “ If you stand with the cognition of reality, neither somebody can honour you - add something to you, nor somebody can dishonour you - take away something from you. live in the cognition of reality. The cognition of reality: completion was, completion is, completion will be! You are established in the space of completion. Even when you imagine you have incompleteness, your incompleteness may be based on facts, but it is not based on real. Fact is different, real is different. Your incompleteness may be based on fact, but not, can never be based on real. The law of real, the principle of real, the dharma of real, is Shanti Mantra. In the dream you see many things. You even run if a tiger chases you in the dream! It may be factual for the time being, it can't be real. Same way, in the, even in the so-called waking state, when your dreams pulls you and pushes you - your perceptions may be factual but not real. Let your cognition be established on reality. The Shanti Mantra can give you eternal Shanti just if you make it as your cognition. 23 January 2015, *Life Has No Hypocrisy*. <https://youtu.be/y36tMxvmlaA>



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