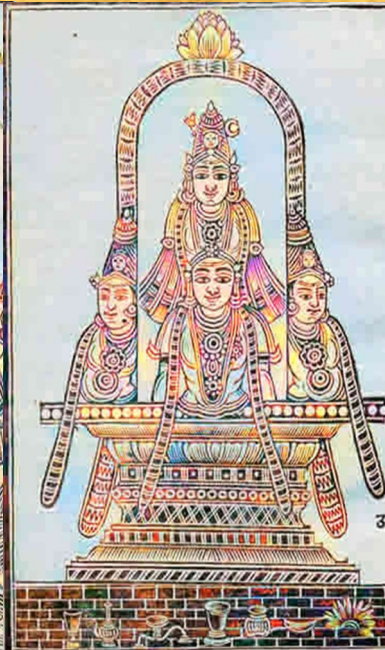




1. Linga Murthy



2. Lingodbhava Murthy



3. Mukhalingam



37. Lakulishvara Murthy

## Incarnations of Paramaśiva

Linga Murthy, Lingodbhava Murthy, Mukhalingam Murthy, Lakulishvara Murthy







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Paramaśiva's message directly from MahāKailāsa. There is a space where time is not past, present, future. It is just – "is". The pure is-ness forms the basis of existence of time. In that time which is only is, there is no past, present, future. Past, present, future, all is "is". In that space Paramaśiva manifested all his 64 forms for various leelas.

All you need to enjoy the powers and super conscious mutation of Paramaśiva is to have the right knowledge about all 64 manifestations

You need to understand Paramaśiva as He introduces Himself.

If you want to understand me you need to understand as I introduce me to you. You can't understand me with your own independent investigation neither your mind is capable nor consciousness is powerful to grab my existence as it is.

You can only understand my existence as per my introduction.

Same way you can only understand Paramaśiva based on his own introduction. Understand Him from His own introduction awakens something called shraddha in you, not faith.

Faith is poor word and shraddha breeds bhakti and all the ananta kalyana gunas-auspicious qualities of Paramaśiva starts manifesting in you.

You just need to know what is swimming and see somebody is swimming then simply your muscle memory starts manifesting swimming. Same way you just need to know about the super conscious mutations of Paramaśiva and see someone manifesting it.

Your muscle memory, bio memory, bio energy all will just pick up and simply you will enjoy super conscious mutation of Paramaśiva<sup>1</sup>.

## Lingodbhava Murthy<sup>2</sup>

*There is a beautiful moment, the auspicious Lingodbhava time. The time in which Mahadeva, Shiva, appeared, in front of Vishnu, and Brahma, gave Darshan to both of them and removed their ego. Blessed both of them and gave them the Ultimate Truth. This is the same moment, same time the Ardhajama. This is the same Time, Vishnu and Brahma experienced Mahadeva in the formless form. The Cosmic Consciousness, as a Light beam, the Pure Consciousness.*

*We need to understand the story little deeply. Brahma, is the representation of Intellect, Sarasvati's husband. Vishnu, is the representation of money, Lakshmi's husband. Through this story, Brahma and Vishnu is not able to find Mahadeva, Shiva. An important Truth is revealed, money and intellect cannot find Enlightenment. But many time the money and intellect starts fighting between them.*

<sup>1</sup> Presidential Address of the SPH Nithyānanda Paramashivam, Super Conscious Mutation of 64 Manifestations of Paramaśiva, 11 September 2022

<sup>2</sup> Presidential Address of the SPH Nithyānanda Paramashivam, Shivarathri Message, 6 March 2008.





*Who is Great. From time immemorial, intellectuals and politicians were fighting. From time immemorial, people with wealth and people with intellect were constantly fighting. That fight is only represented through this story. That fight is only presented through this story, that Brahma and Vishnu started fighting, “who is big guy? who is a great guy?”. Whether intellect or money. The problem is both of them don’t understand, an important fact. Both of them can’t lead you to the Ultimate Truths, or the Ultimate Happiness.*

*If you know the story of Brahma and Vishnu, Seeking, the Shivas feet and the head, you will understand what I’m saying. It’s a beautiful story, with a tremendous Metaphysical meaning in it, the Great Intelligence. We need to understand this story little deeply, only then, the true meaning of the story will be revealed to our Being, the true meaning of the story will be understood.*

*The story says, Brahma and Vishnu were fighting each other, trying to find, who is big guy, then, suddenly Shiva appeared. Shiva said, “Any one of you try to find my feet or head. Whoever finds my feet or head, will be declared as the greatest person.” And, Brahma tries to find the head. Vishnu tries to find the feet. Unfortunately, not only they are not able to find, they realised nobody can find. Vishnu, the moment he realised, he surrendered, and Shiva blessed him, just because Vishnu surrendered, Shiva blessed him with Enlightenment and the Truths. Brahma, even though he was not able to find, does not want to surrender, doesn’t want to agree, that he can’t find, so he tries to find some false witness, a flower which was on the Shiva’s head. He tried to bring that flower as a witness. The flower was falling from Shiva’s head for ages, and Brahma tried to catch that flower, and made that flower as a duplicate witness, false witness. But Shiva knows the Truth, and he curses not only Brahma, the flower too. Finally Brahma realises the Truth, and surrenders, and, the moment Brahma surrendered, Shiva reveals the Truth to him also.*

*Very beautiful story. A deep significance. As I was telling Brahma represents intellect, Vishnu represents money. Both of them constantly fight, “who’s the big guy, intellect and money.” When they are fighting, suddenly, the Truth stands in front of them, the Life, continuously, the intellect and money is fighting. Our ordinary life is nothing but a fight between intellect and money. Suddenly Truth stands in front of us, and tells the money and intellect, “try to find my head or feet.” Neither money nor intellect can find, the beginning or end of Life. Beginning or end, of Life, cannot be controlled, by intellect or money. Not only it cannot be controlled, it can’t be altered, changed. When you can’t do anything with your beginning and end, then you can’t do anything in between also. Life is Life. But, neither the intellect nor the money is ready to surrender. Intellect tries to find the head. Brahma goes in the form of Swan to find the head. Vishnu goes in the form of pig to find the feet. Both of them are trying their best. Vishnu goes goes goes for ages he’s digging. Finally he realises the Truth. He won’t be successful. At one point, he just want to mark, the spot to which extent he travelled. He ties a bell. Still in all Shiva’s murthi’s, Shiva’s idols, you will see a bell near the calf. Near the calf muscle you will see a bell that is tied by Vishnu. Vishnu was only able to travel to that distance. Whether Nataraja, or Dakshinamurthi, in all Shiva murtis you will see that bell.*





Vishnu tried. He understood, he realised, he can't, he can't see, he can't achieve, he can't get the Truth. One important thing. Truth is revealed in this. When you run behind the money to achieve the eternal happiness, Nithyānanda, at one point you will realise the money can't give you that. That is what is meant by this line, by this story. Vishnu realises he can't achieve, he can't find. He surrenders. He will travel. If you try to find, through money, you will realise at one point, it can't be achieved, you will surrender. The moment Vishnu surrendered, Shiva revealed the Truth and gave the Ultimate Experience.

But Brahma, intellect, cannot surrender. That is the biggest problem. If you travel in the path of intellect and try to find the Truth, not only you won't find, the big difficulty will be you will not be even, having the humbleness to accept that you will not find or you will not found. You will not have that humbleness. You will not be able to surrender. You will not be able to relax. You will not be able to say you have not found. Not only you won't be able to say you have not found, you will try to bring all false witnesses.

Brahma, not only was he not able to find, he can't accept that he did not find, so he brings false witness, the flower, which was near the head of Shiva, and which was falling, for ages. He actually caught the flower and asked, the Brahma asked that flower, "you are from where?" The flower says, "I am from the hair of Mahadeva, Shiva." Brahma asked, "how long you're travelling?" The flower said, "for 4 Brahma's age I'm travelling. Still I've not reached even Mahadeva's face." Brahma understands, he has only one age, means one Kalpa. This flower is travelling for 4 Kalpas. He understands, he can't find, but he can't surrender. He catches that flower and says, "why don't you come back and tell Shiva, that I saw his head and I brought you from his head." The flower says, "I don't have a problem. After all I am going down. I can do a small favour for you."

Understand, if you try to do, something wrong even for doing good to others, you are in trouble. Even for doing good to others, if you try to do anything adharmic, anything which is not right, you are in trouble. This flower thought, "after all, Brahma, he's asking me a small favour, why can't I do." He said, "ok". And Brahma comes down and says, "I found your head and this is the witness." Shiva knows where he kept the flower. That is the biggest problem. Again and again this intellect thinks he can hide from Enlightened Being. It can do whatever it wants, or it can escape, it can get away with it.

Understand, Enlightened Being is a person who played with his intellect so you can't play with him with your intellect. But we always miss the game, thinking that we can play with him with our intellect. He played with his intellect itself, and how can he be caught by your intellect. No. You are playing with intellect, he played with the intellect itself.

Brahma tried to play with his intellect to Mahadeva. Mahadeva straightaway knows the Truth, and he just says, he says only one thing, "because you tried to play with your intellect, let you not be worshipped on the planet Earth. You are not worthy of worship." And he says to that flower, "Just





*because you have told a lie, you have been a false witness, you will not be used anymore for my worship.” And, the moment both of them realised their mistake the flower and the Brahma both fell at the feet of Shiva and cried, “please forgive us.” Surrendered.*

*The moment they surrendered, Shiva forgives both of them, and releases them from the, curse. Shiva says, “as an exemption, you will always be worshipped, in my temple, in the, North side in all Shiva temple, Northern side where the Tirta, Holy water comes out you will see Brahma’s murthi, standing there and continuously purifying himself by the Charanamrita, the Holy water, from Mahadeva’s feet.*

*And same way, the flower was also blessed. Mahadeva says, “you will not be used for worship. But, as an exemption, one day on Shivaratri day, you will be used for my worship.”*





## Samyama To Meditate on The Swayam Prakāṣa<sup>3</sup>

*Let me exactly give you the sacred secret embedded in this sutra. By doing samyama on the swayam Prakāṣa which is in you, self effulgent super physical light in you, you will have the knowledge about hidden, distant and subtle. Understand subtle like atoms, hidden as treasures, remote as far as distant lands. The sacred secret is do samyama on the super physical self effulgent light in you. In every one of you it is there. That light is responsible for your skin shining. There is a super physical self effulgent light in all of you which is shining in your eyes, which is shining on your skin, which is shining in your being. Do samyama on it.*

*How to do samyama on it? Two ways you can do samyama on it. One sit in front of mirror. Gaze at your own reflection. I am giving you the exact technique. Gaze at your own reflection. After one cycle, the reflection will lose its separate dimensions and parts. It will become almost like just a lump of light without having a clear hands, legs, head; without having a clear picture, it will become almost like a lump of light. Please understand when you gaze at the light intensely, the independent definite shape on your form will melt down. You will only feel like you are a light; like egg ball. It will usually be egg ball like a..... light in the shape of egg. That is what is called swayama Prakāṣa; effulgent super physical light. That is what we call in Sanskrit linga.*

*Understand when you gaze at your own image, all the attributes you attributed on your form will melt down. You will just see a light ball. If you are able to see the light ball you are a lingodbhava; kind of a self effulgent light ball. Now do samyama on that light in your inner space. Now turn that light in your inner space, do samyama on it. When you do samyama on that light on your inner space, first thing even your subtlest thoughts and moods and the happenings in your system you will understand. Not only thoughts, moods - even the physical changes, if your pressure increases you will know; self diagnostic method.*

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<sup>3</sup> Talks on Patanjali Yoga Sutras, Sutra 132, The Secret of Clairvoyance





**Paramaśiva's superconscious mutation manifestations, when He superconsciously mutated His manifestations, 64 manifestations documented in Veda Āgamas, which He himself describes, manifesting all of them in you is the complete manifestation of Paramādvaita.**

**This whole program, is an upgraded new beginning.**

**It is not going to be stopping with you manifesting the powers and possibilities of you are consciousness.**

**It is going to be letting Paramaśiva land in you and manifest the powers and possibilities of Paramaśiva Himself.**

## **The SPH Nithyānanda Paramashivam**

64 Incarnations of Paramaśiva, 27 February 2022

