



The SPH Nithyānanda Paramashivam

You Are Not Who You Think You Are

How To Know Your Real Gender





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Gender is Dynamic Not Static



If we are grounded,
we will discover Our self.

Identifying gender makes us so perfect, so complete



Gender is Dynamic Not Static



Gender is the totality of our identification with:

Physical body

Physiological existence

Psychological layer

Your will about you.

इच्छा शक्तिरूमा कुमारि ॥ १३ ॥

icchā śakttirūmā kumāri ॥ 13 ॥

Translation: His will is the energy of Paramaśiva and it is called Umā, the independent will power of Paramaśiva; and it is called Kumāri, the cosmic energy that plays.

Paramaśiva Sutras, Sutra 1.13



Gender is Dynamic Not Static



प्रपञ्चसृष् ट्युन्मुखला सयकायी समस्तसा महारकताण्डवाया ।
जगज्जनन्यै जगदेकपित्रे नमः शिवायै च नमः शिवाय ॥

Prapancha srushtyun muka lasyakayai, Samastha samharaka
thandavaya,

Jagat jananyai Jagatheka pithre, Nama Shivayai cha
namashivaya.

Description of Ardhanarishwara by Adi Shankara

Translation:

My salutations to both Parvathi and Paramasiva,

To Her whose dance marks the creation of the world,

To Him whose dance destroys everything,

To Her who is the mother of the universe,

To Him who is the father of the universe.



Gender is Dynamic Not Static



प्रदीपतरत्नोज्ज्वलकुण्डलायै स्फुरन्महापन्नगभूषणाय ।
शिवान्वितायै च शिवान्विताय नमः शिवायै च नमः शिवाय ॥

Pradeeptha rathnojjwala kundalaayai, Sphuran mahapannaga
bhooshanayai,
Shivanvithaayai cha Shivanvithaya, Nama Shivayai cha
namashivaya.

Description of Ardhanarishwara by Adi Shankara

Translation:

My salutations to both Parvathi and Paramaśiva,
To Her with glittering earrings of gems,
To Him who wears a great serpent as an ornament,
To Her who is divinely merged with Paramaśiva,
And to Him who is divinely merged with Parvathi.



Power of Consciousness
over Gender



The individual Consciousness, has a freedom to align your gender.

By your will power, you can make change your gender completely.



Benefits of

Diagnosing your Gender



When your gender is properly identified, all the sexual problems just meltdown!

Multiple disorders related to eating can be cured completely.

Multiple disorders related to drug addictions can be cured completely just by gender identification.



Manifest Powers



Complete diagnosis makes you manifest powers, not only solves all your problems addiction related problems, sexual orientation, complication sexual identity crisis, gender identity crisis ... even the middle age mood swing out of the dullness you have everything.



Gender And Attraction



All attraction is towards grace, not towards any gender, not towards any person. The sexual attraction is nothing to do with the gender of the opposite person. It is the grace we feel with the opposite person.

grace = the ability to generate huge love and respect in the other person, the moment they see you.



Gender And Attraction



Grace is all about you being completely comfortable with your physical, physiological, psychological, conscious identity.

Grace means ability to generate huge love and respect in the other person the moment he sees you, she sees you.



Confusion About
Your Gender Identity



Understand, if you are confused about gender identity, feel good about it.

Your inner most gender identity is all that matters!



Integrity



Integrity is Svatantra (freedom)

Ability for the existence of “Sva”, not choices, is the freedom of
Consciousness to exist

Ability to be grounded, be rooted

False belief that choices are freedom, leads to world full of
exploiting, cunning, personal gain attitude.



Psychological Setup



Whether we are aggressive or passive, if our psychology is solid and prepared and integrated to physiology, and physical component along with the hormonal pressure, we will build tremendous love and responsibility care for the other person in the act will not be falling down. It will be falling into the intimacy.

Our gender changes, based on food we eat, thoughts we cherish

“Your outer actions do not matter when it comes to sex, your inner most gender identity is all that matters. Solve that and all is solved”.



Diagnose Your Gender



Make a list of all your cognitions of each of the 4 LEVELS: how to cognise you, what are your ideas, what judgments you have about : 1/ your physical body, 2/ your physiology, 3/your psychology, 4/Your conscious will.

Pen down all your ideas you received from society about sex and sexuality, ideas about suppression and expression

Spend few minutes now and complete on all your emotions and patterns..



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