



*The SPH Nithyānanda Paramashivam*

# **Experience Shivoam: The Ultimate Truth Through Science of Sound & Lines**





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Chant the Mahāvākya, remember Paramaśiva,  
remember He Has come down in the form of  
Nijavatar, my Guru The SPH Nithyānanda  
Paramashivam. Connect with seeking and  
receive your answer!





The experience of Shivoham, explosion of Shivoham, does not happen based on the strength of your practice. No.

It happens because He is intelligent, He is consciousness. So, He just explodes

Presidential Address of the SPH Nithyānanda Paramashivam.  
Light Your Inner Space With Shivoham, 5 Dec 2014  
<https://youtu.be/leswZljT--M>





Shivoham! This truth is not only a reality, it can be a powerful medicine, antidote for all the root-patterns you develop, parental conditionings you develop, societal conditionings you develop, and all the patterns with which you struggle, suffer.

Presidential Address of the SPH Nithyananda Paramashivam.  
Light Your Inner Space With Shivoham, 5 Dec 2014  
<https://youtu.be/leswZlJT--M>





Paramaśiva is not just totality of some good qualities. He is ALIVE. When you invoke him, when you invite him, he just happens so powerfully, so beautifully, so alive, living. He just makes all these parental conditioning, social conditioning, societal conditioning, root-patterns, engrams, he just makes them disappear, melts them away.

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Light Your Inner Space With Shivoam, 5 Dec 2014  
<https://youtu.be/IeswZljT--M>





He is totality of auspicious qualities, AND consciousness. That is why when you invoke him, invite him, he occupies you and graces through you, radiates through you. Not only he introduces himself to you, he introduces himself through you to everyone. He introducing himself to you is 'Authenticity'. He introducing himself through you to others is 'Enriching'

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Paramaśiva is embodiment of purity. Paramaśiva is ALIVE. He is Bholenath. His presence is never demanding. His presence is so powerful, but not demanding

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<https://youtu.be/IeswZlJT--M>





nvoke him, request him, pray to him, ask him, invite him to your inner-space. 'Paramaśiva, whatever I know as 'Aham' is a bunch of my root-patterns, social conditionings, parental conditionings, layers and layers of patterns, samskaaras, and the past-life karmas. But, this is not too big for you. You can burn all these. And this cannot be the reason why you are not happening through me. Can this stop you happening in me? I am completing this and surrendering at your feet. O Prabho, happen in me. O Paramaśiva, happen in whatever I feel as me. Let 'Aham' become 'Shivoham'.

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Light Your Inner Space With Shivoham, 5 Dec 2014  
<https://youtu.be/IeswZlJT--M>





Subjective Truth is the base on which your life should be built. Subjective Truth is the foundation on which your life should be built.

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Base Your Life on Subjective Truth, 4 Dec 2014  
<https://youtu.be/xucc9brwh84>





Enlightenment is building your life on the right  
foundation

Presidential Address of the SPH Nithyananda Paramashivam.  
Base Your Life on Subjective Truth, 4 Dec 2014  
<https://youtu.be/xucc9brwh84>





Cherish Shivoam again and again. Strengthen the truth, Shivoam, again and again. Live the truth, Shivoam, again and again. Meditate on this great truth again and again. This truth, Shivoam, once it gets rooted in you, does not allow your Inner Image, Mamakaara, to weaken you. It does not allow your Inner Image

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Base Your Life on Subjective Truth, 4 Dec 2014  
<https://youtu.be/xucc9brwh84>





If you can grasp the happenings inside you with the subtle sensitivity, you can grasp any happening outside.

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Base Your Life on Subjective Truth, 4 Dec 2014  
<https://youtu.be/xucc9brwh84>





You are the mixture of pure Consciousness and body.  
Where the mixing happens, that zone only we call it as  
a mind

Presidential Address of the SPH Nithyānanda Paramashivam.  
Shivoham Process - Purifying Sounds & Visualizations In The Mind And Body, 14 May 2015  
<https://youtu.be/Cff2VurORO4>





You see, when you are just sitting with yourself, the kind of what....how you carry you, how you feel about you, that is exactly 'Aham' - 'I'.

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Shivoham Process - Purifying Sounds & Visualizations In The Mind And Body, 14 May 2015  
<https://youtu.be/Cff2VurORO4>





Deep suffering you carry about you. When that gets released, the peace and joy you experience, that's what we call Paramaśiva Bodha - ecstasy of being Paramaśiva, the joy of being Paramaśiva.

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Shivoham Process - Purifying Sounds & Visualizations In The Mind And Body, 14 May 2015  
<https://youtu.be/Cff2VurORO4>





The level of frustration makes you feel ‘you are sacrificing’ and you are ‘worthy’

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<https://youtu.be/Cff2VurORO4>





You are nothing but just the words you believe about you and the visualizations you carry about you. If the correction is done there, in the source, if the purification and reprogramming is done in the source, that's it, then the periphery also starts changing, that also starts changing, that also starts getting reprogrammed.

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Shivoham Process - Purifying Sounds & Visualizations In The Mind And Body, 14 May 2015  
<https://youtu.be/Cff2VurORO4>





In Soham, you experience as you understand the  
Cosmos. In Shivoham, you experience as it IS.

Presidential Address of the SPH Nithyānanda Paramashivam.  
Q&A on Paramaśiva Yantra - Revealed By Paramaśiva To Nandi To Realize Shivoham  
<https://youtu.be/9JUSCchirbU>





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