



The SPH Nithyānanda Paramashivam

Secrets of Māya & Suffering



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Chant the Mahāvākya, remember Paramaśiva,
remember He Has come down in the form of
Nijavatar, my Guru The SPH Nithyānanda
Paramashivam. Connect with seeking and
receive your answer!



The happenings of your life which you are not able to convince that you are responsible directly or indirectly that part is called delusion and delusion is not always bad.

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Delusion is nothing but some part of you which you just want to keep it aside to be stress free.

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Your delusion is nothing but the part of you which you did not attend for quite a long time.

Catch 20 situation, you will start liberating yourself from your delusions.

The layers and layers, if you start peeling, you will simply realize and reclaim your Conscious Sovereignty.

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All delusions are designed ultimately to enlighten you.

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If you understand you are responsible even for your delusion you will not feel bad to take responsibility for your delusion.

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Śani comes in your life, Rāhu comes in your life only to wake you up to Guru and give you Enlightenment. Understand, even your delusion is nothing more than you just slapping your face and waking yourself.

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How sometimes in the morning you wash your face, and just slap yourself and wake you up, or stretch your body, do Yoga and make yourself fully awake. Same way, your delusions are designed to wake you up.

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Your so-called negative patterns, bondages, chains which binds you; your mind, your self doubt, self denial, self hatred, even all of this, is the choices you took; may be out of delusion but that does not mean it is bad. When the delusion becomes strong you will simply wake up to the next level of consciousness.

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Your decision to fall into the lower conscious identity naturally invites
nightmare in you.

Your decision to wake up to the higher identity not only will throw away
the nightmare, it can throw away all delusions and illusions!

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Working on your conscious reality will wake up your Conscious Sovereignty in you. That will solve millions of problems you are facing in your life even in a very practical strategic way.

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When you have the problem, learn to deal it rightly so it can be solved.
Even when you have a delusion learn to doubt that delusion rightly so
that it can be solved.

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For Example: The truth is “you are Paramaśiva.” Sometimes you manifest means He is manifesting. Sometimes if you are not manifesting Paramaśiva as you want, then doubt that delusion.

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Even If You Think You Have 6 Feet Body, You Have Beautiful Body, Ugly Body. Is Imagination Inserted Into You By Certain People Accepted By Certain People Kept Alive By Certain People, And Your Body It Is Constantly Changing Sometimes More Than 3 Pounds A Day You Change, 3 Pounds, Up / Down.

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Faltering in diagnosis of the root cause of the problems is source of delusion. Understand, when you have a stomach pain, if you falter, miss in diagnosing what is the problem, why is that problem - you will never find the right solution. You will never quickly solve the problem. One has to find the real reason for the problem! Understand, it is too simple in the life to get into delusion.

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If you are having continuous arguments with your spouse, fight with your spouse - problem is too simple. You have something seriously wrong in your stomach.

Start taking Neem juice.

Don't plan for divorce.

Don't go for dating sites! Go for Neem juice.

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Because if you find the new partner, again you will be doing the same thing with him or her, if you have not changed your stomach! The constant irritation, frustration you feel starts in your Maṇipūṛaka. Find the real reason for problem[s]. .

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Ten days be without irritation, anger in the stomach, frustration grounded or rooted in stomach; in a relax with the Neem juice and Haritaki, all these I call superfood.

You will suddenly see 90% of the problem between you and your spouse has disappeared. They become irrelevant. Your inability to stand you, your inability to handle you, burst out!

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In every level, the wrong diagnosis, for example, if you want freedom. You are feeling suffocated and you want to be free from this suffocation - don't go for choices! Choices is not freedom! Work on breaking this suffocation. Now you can't even go for vacations to feel relieved.

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Mentally we strongly again and again imagine, plan; get even a blueprint of how you are going to workout every day, and how you are with the 6 pack, and, 18 inch biceps. You even buy all the running shoes, all the accessories needed, multiple brands sometimes. Somethings which you have to do physically, you go on be imagining about it. Many things which you need to do mentally, consciously building the ability to see what is the real suffering. What is imaginary suffering; having that much of inner silence inner space, to see what is really the goal of your life and what will really expand your need for life.

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Freedom is knowing you can manifest the life you want just like that! I am defining freedom. Freedom is knowing, you can manifest the life you want just like that. Actually, you are free! You can manifest the life you want just like that! You are all free, and you are all empowered to manifest the life as you want. Anything else, all other alternative beliefs you are carrying, your impossibility, everything is the brainwashing done to you for the people by the people who are planning to exploit you! .

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