



Why Pūja?

With The SPH
Nithyānanda Paramashivam





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Chant the Mahāvākya,
remember Paramaśiva,
remember He Has come down
in the form of Nijavatar, my
Guru The SPH Nithyānanda
Paramashivam. Connect with
seeking and receive your
answer!





Śri Guru Gita

यस्य प्रसादाद्-अहमेव सर्वं
मय्येव सर्वं परिकल्पितं च ।
इत्थं विजानामि सदात्मरूपं
तस्यांग्रिपद्मं प्रणतो'स्मि नित्यं ॥ ३५१ ॥

By whose Grace (prasād) I realize now that 'I am everything and 'In me everything is imagined and created thus by whose Grace I am able to fully know form of true Self, to His lotus feet, I always offer my worship



Kanchi Puranam says Paramaśivaśakti descended on Planet Earth as Devi Kāmākshi in the holy town of Kanchipuram to infuse the bioenergy of Paramaśiva into all living creatures. Paramaśivaśakti established the powerful energy centre of Ekambareshwar - a Paramaśiva Linga installed by Her, one which She Herself created out of sand and worshipped every day, under a mango tree. Through this, she achieved Oneness with Paramaśiva and returned back to KAILĀSA upon establishing the ecosystem of KAILĀSA in Kanchipuram, which lives on till today.





Ramayana says in Treta Yuga, Bhagavān Śri Rama was in the jungle. Ravan, the Asura King who ruled Lanka at the time kidnapped Sita-wife of Śri Rama. To get her back and free the people of Lanka from the demon king, Bhagavān Rama performed Pūjā for Paramaśiva. His stotras made Paramaśiva contented. Bhagavān Paramaśiva appeared before Bhagavān Rama. Bhagavān Paramaśiva blessed Rama. “Bhagavān! If you are satisfied with me, please stay here so that everyone else can pray to you on this sacred spot.”

As per the request of Bhagavān Rama, Bhagavān Paramaśiva turned into a Lingam at that spot which now is the famous temple of Rameshwaram. The Rameshwaram Temple is one of the Twelve Jyotirlinga Temples of India.



The SPH shares with us:

“I have stopped eating, missed sleeping, missed drinking water, missed breathing (during samādhi), But I have NEVER missed Nithya Pūjā. Nithya Pūjā is that important in Life”





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