



United States of KAILASA

Presents

Manifest Your

Reality

Science of Kalpataru

Power of Consciousness Over Everything

The SPH Nithyānanda

Paramashivam

rājavidyā rājaguhyam – this is the king of all knowledge, the greatest secret of all secrets says Bhagavan Kṛṣṇa to Arjuna, in Srimad Bhagavad Gita, Chapter 9.



All meditation techniques, practices and procedures described or recommended in this book, are suitable for practice only under the direct supervision of an instructor, trained and ordained by The SPH Nithyananda Paramashivam. Further, you should consult with your personal physician to determine whether those techniques, practices and procedures are suitable for you in relation to your own health, fitness and ability.

This publication is not intended to be a substitute for a personal medical attention, examination, diagnosis or treatment. Should any person engage in any of the techniques, practices or procedures described or recommended in this book, he would be doing so at his own risk, unless he has received a personal recommendation from his own physician and from an instructor trained and ordained by The SPH Nithyananda Paramashivam.

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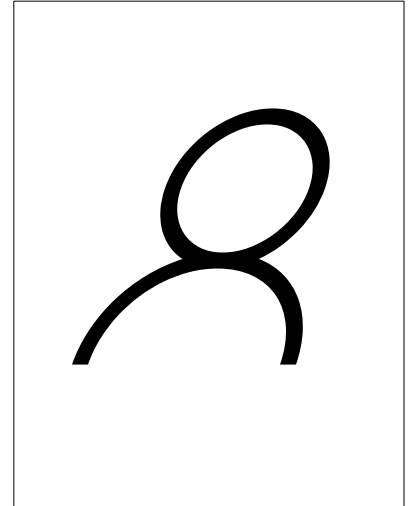
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Book of Heart
ॐ

People call me _____

Manifested The Following Realities: _____





||Sadguru - Vandanam ||

नित्यानन्दं परमसुखदं केवलं ज्ञानमूर्तिं, द्वन्द्वातीतं गगनसदृशं
तत्त्वमस्यादि-लक्ष्यम् |

एकं नित्यं विमलम् अचलं सर्वधी-साक्षि-भूतं, भावातीतं त्रिगुण-रहितं
सद्गुरुं तम् नमामि ||

nityānandaṁ paramasukhadaṁ kevalaṁ jñānamūrtiṁ,
dvandvātītaṁ gaganasadr̥śaṁ tattvamasyādi-lakṣyam |

ekaṁ nityaṁ vimalam acalaṁ sarvadhī-sākṣi-bhūtaṁ, bhāvātītaṁ
triguṇa-rahitaṁ sadguruṁ tam namāmi ||

I surrender to that Sadguru who is the eternal bliss, the bestower of supreme happiness, the One, who is the embodiment of wisdom, who is beyond duality, who is omnipresent, to whom the Supreme goal is giving the Enlightenment experience, who is eternal, pure and unshakable, who is the silent spectator of all thought processes, who is beyond emotions, who is without the three qualities called Sattva, Rajas and Tamas.





|| Guru Parampara Vandanam ||

नित्यानंदेश्वर परमशिव समारम्भां
नित्यानंदेश्वरी परमशिवशक्ति मध्यमाम् ।
अस्मदाचार्यपर्यन्तां वन्दे गुरुपरम्पराम् ॥

nithyānandeśvara
Paramaśiva samārambhām
nithyānandeśvari
paramaśivashakti madhyamām |
asmāt āchārya paryantām
vande guru paramparām ||

Through the guru parampara vandanam we offer our gratitude to eternal lineage to all Gurus, to all masters. I surrender to the Lineage of all the Enlightened Masters which has Sri Nithyanandeshwara Paramaśiva as the beginning, Sri Nithyanandeshwari Paramashivashakti as the middle, and my Guru Nithyānanda as the entirety - from the source onwards.



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Be Part Of HIS-Story

The manual revives the science of manifesting your reality. This science was available in the ancient Hindu civilization, transmitted Guru to Disciple, Guru to Disciple - called the “karna parampara” – just by listening, never by writing.

Srimad Bhagavad Gita notes—*imam̐ vivasvate yogam̐ proktavān aham avyayam* (4.1). Bhagavan Kṛṣṇa says *I gave this imperishable knowledge to Sūrya, the Sun god The supreme science was thus received through the chain of master-disciple succession and the saintly kings understood it in that way. In the course of time, the succession was broken and therefore the science as it was appears to have been lost.* Bhagavan continues *That ancient science of Enlightenment, is today taught by Me to you (Arjuna) because you are My devotee as well as My friend. You will certainly understand the supreme mystery of this science.*

After the decline of Yadava clan (Kingdom of Dwarka 11,500 BCE) – the science was lost once again – till the advent of the next Avatar. Time and time again, incarnations like Śrī Ramachandra



Prabhu, Bhagavan Śrī Kṛṣṇa, Swami Narayan, or Ramakrishna Paramahansa have come down to bring humanity a greater level of conscious awakening. In this same way, for the breakthrough of this age that we are living in currently, the cosmic consciousness has embodied the human form again through The SPH Bhagavan Nithyananda Paramashivam.

Carrying the torch of Sanatana Hindu Dharma forward, to revive and to reign Hindu civilization, The SPH Nithyananda Paramashivam, is making the entire science of Hinduism available in writing. This manual is a rare historical happening



- the first written record of *Science of Manifesting Your Reality* in history of Hinduism!

Through this manual you have been invited to receive this sacred science and join the unbroken chain of master-disciple succession into the science of Kalpataru, revived 11,000 years after Bhagavan Krsna!^{1, 2}

Be Part of HIS-Story Trace Your Guru-Parampara Lineage

Mahanirvani Peetha Guru Parampara (Apex Body of Hinduism)

Kapila Muni

⇒ Bhagavan Krishna

⇒ Adi Shankaracharya

⇒ Buddha

⇒ Visvadevanandaji

⇒ The SPH

⇒ You _____

- 1 Some of us may have heard of the Erdos Number – Researchers and Mathematicians enjoy tracing back how their research work connects them back to Einstein and other Mathematicians. Maybe the idea was inspired from the Vedic Tradition. We see first reference in the Srimad Bhagavad Gita in Chapter 9 where Bhagavan Krishna describes the unbroken guru-disciple relationship. Guru Parampara Lineage is tracing back to how one is connected to Bhagavan Krsna and The SPH Nithyananda Paramashivam, avatar of this day and age through their study!
- 2 United States of KAILASA, *The Revival of the Ancient Hindu Enlightened Civilizational Nation*, Chapter 1



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What You Need

In Hindu tradition, education was imparted in *Gurukul*. Whether incarnations like Bhagavan Rama or Bhagavan Krishna, all great Incarnations, have to go to Gurukul in Vedic tradition. You can't say, 'what, I am a great Incarnation why should I go to Gurukul?' No. Even if you are consciously born, even if you are born with all the experiences and spiritual powers, you need to study the shastras (scriptures) to validate your experience. Especially when you want to reproduce that experience and powers on others. When you want to share, Gurukul is required. Gurukul is an important factor makes Incarnations complete³. Over the course of just 100 years of colonial rule, over 1 million Gurukuls were destroyed between 1800-1900 and Hindu education system invalidated.

Amidst ongoing the religious persecution⁴, The SPH Nithyananda Paramashivam continues to research, revive scriptural study and organize the science so it can be brought to your home instead!

3 Presidential Address of the SPH Nithyananda Paramashivam, 2nd July 2015

4 Our History Has Not Been Told To Us - Read the entire truth about Hinduism, Hindu Holocaust, Persecution of the SPH Nithyananda Paramashivam and Hindu Monks - United States of KAILASA, The Revival of the Ancient Hindu Enlightened Civilizational Nation. Available kailasa.org

The manual is based on the excerpts and sessions guided by the SPH Nithyananda Paramashivam in various discourses, Presidential addresses and programs since 2001 which have experimentally benefited and scientifically been documented to provide permanent solutions to millions from over 100 countries. From this exhaustive detailed scientific study conducted since 2001, to experience *Kalpataru* wherever you are, the following suggestions are provided to prepare you for best experiential understanding *Shaktinipada*.

1. **Follow along**, take notes, make this your book of heart,

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participate in the process, do the exercises, enjoy the experience. Understand the science behind creating the reality for yourself! Create that reality. Make the right decisions. Readers of previous editions often share as they read they experienced “clicks”, mystical experiences, spiritual understandings and grew in maturity. This edition thus includes space provided on the right of the page “My Click” for readers to pen down these clicks. Presented in an interactive diary and exercise workbook format with case studies each section– you may choose to keep a hard copy or work digitally on your laptop or cell phone.

2. **Be in a place where you can express freely** – contemplate, really look in – this is your time to manifest your life – rare happening in the cosmic archives so recommend that you avoid getting up while in the sacred process of the transformation. Preferable be where you can express yourself freely – without having to look over the shoulder. Let your being be able to express and feel free. Have a paper and pen with you, a bottle of water at all times.



3. **Digital Vision (photograph) of Nijavatar The SPH Nithyānanda Paramashivam.** The sacred Sri Guru Gita guides: *yaśya darśan-mātreṇa manasaḥ syāt prasannatā | svayaṁ bhūyāt dhṛtiś-śāntiḥ sa bhavet paramo guruḥ || 293* // By whose mere Darśan (vision), the mind becomes delighted with great joy (prasannatā); and firm patience and peacefulness (dhṛti-śanti) happens by itself, he is certainly the Parama Guru, Supreme Master. The digital



photographs are 'shuddha chitta chinmaya vigraha' (pure representation of the Cosmos).

Method to Live Enlightenment through the Vision

You can offer your prayers. You can talk even casual things. You can express your love, gratitude, even anger. You can fight. You can express your frustration. You can do anything you want. And I commit with you, I'll respond to you immediately. I'll give you what do you want. Sakti to manifest your life as you want. Buddhi - intelligence to alter if at all you need to alter somewhere *your wants ... for your greater, better complete life. And above all, Bhakti - a life positive, joyful connection with life, reality, Cosmos, ... with everything, with yourself, with world, with God, everything. And yukti - method to live Enlightenment. And mukti - Enlightenment itself. Constantly talk to Ātmaliṅga and Ātmamūrti*⁵.



My Clicks

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5 Presidential Address of The SPH Nityānanda Paramashivam, 30 March 2021



Extraordinary Power of Consciousness Over Anything

A small story:

A man was traveling through a forest. He decided to rest under a tree. But he did not know that this tree is a Kalpataru – A wish fulfilling tree. While resting, he suddenly had a desire – “how lovely will it be if someone brings me food!” he thought. In an instant delicious food appeared before him! He then thought “I wish I had a cot to rest on”, and immediately a comfortable cot appeared. He figured – “oh God, whatever I think is instantly coming true! What will happen if I imagine a tiger coming and killing me?” – A tiger appeared and killed him.

This is not just a story of some unknown man. That man is you, that man is me – we are ALL always under a Kalpataru. Whatever we think, the cosmos is working to make it happen⁶.

So the surprise is that you are the author of your life. You wrote it, and you scripted it.

6 Pauskara Agama, Verse 1, Chapter 4 says human beings are endowed with the power of consciousness and action. *Yasmat svadrkkriyasali kala hinpyani varah |*

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Now there is good news and bad news. The bad news is you are responsible for all of it. The Good news is that – because you wrote it, you can rewrite it. We always try to put responsibility for your life on others – we say God made it. It is not by us. So we don't have to do anything – it is like talking about the weather – sip your tea and talk about weather since we don't do anything. Whether weather can be changed or not - your life can be changed. If we know why you wrote it & when you wrote it, and how you wrote it – then you simply know how to rewrite it. If we understand this, then we have understood the science of Kalpataru – the science of manifesting what we want, and not manifesting what we do not want. We will be controlling our destiny – our own karma.

The SPH demonstrated the power over everything very early in His life. The SPH recollects His school days and says His Guru *Raghupati Yogi* after making me master the science of levitation he used to take me everywhere wherever he goes and do this small, small power demonstration. He will put some four bed and he will make me sit on that and then asked me to inhale and once I inhaled and locked the samana into the system, then he knows that I am floating, he will pull the all the



beds. And I'll be floating there maybe for half an hour. When he wants me to settle down. Then slowly I'll release that samana and body will settle

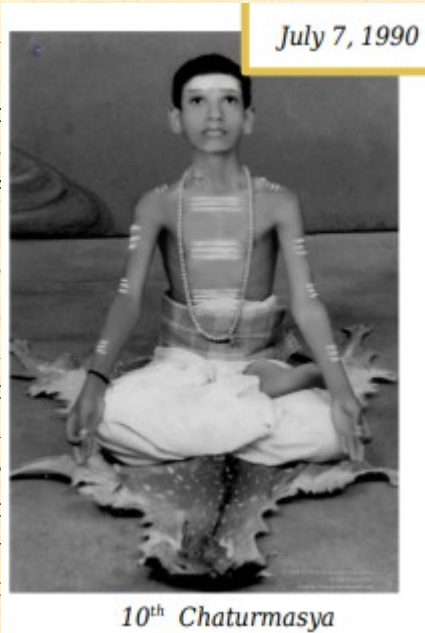


Above is original record photograph Radhakrishna Gupta shot as He witnessed The SPH levitating at the



age of 12. The photographer recalls: “One day Raghupati Yogi asked me, ‘Can we come to your studio and take a photograph?’

I said ‘Yes you can come let us go.’ He said ‘He (Swami) will sit on a tiger skin. Take a shot like He is a Yogi.’ When we took, what happened was: in meditation, He levitated, rose up by one and half feet. We got goose bumps and immediately came out. This is the picture we took in the studio. When we came back, he called and said ‘Don’t be afraid. You come.’ Let us take another shot. It will definitely not be captured” We came and saw. Like how he said, it was not captured. We immediately saw and washed. Then we left that negative film and took another. What we then shot is this photograph.”



I Want to Manifest

- Flying - Levitation
- _Materialize Ice Cream!
- Visit
Planets_____
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I. Manifest Power of Consciousness Over Matter

Please Finish the Following Four

Case Study: My Thoughts Create My Reality

Case Study: I am a SEED. A Possibility

Case Study: My Perceived Impossibilities

Case Study: I Decide

Case Study: Every Situation Has A Liberating Cognition

First Time

Have a fruit or a coconut or a lemon



Beginners:

Hold the fruit over your palm held out straight. Roll it. Left. Right. Without Touching!

Method:

Case Study: Incompletions Come From Wrong Understanding

2. Let My Possibility Happen in Me

Beginners:

Hold the fruit over your palm held out straight. Roll it. Up. Down No Touching!

Method:

Case Study: Incompletions Come From Wrong Understanding

2. Let My Possibility Happen in Me

Experience Log

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I. Manifest Power of Consciousness Over Matter

Advanced ☀

Keep the fruit on the floor. Roll it. Left. Right. Without Touching!

Method:

Case Study: Incompletions Come From Wrong Understanding

2. Let My Possibility Happen in Me

Advanced ☀

Keep the fruit on the floor.. Roll it. Up. Down No Touching!

Method:

Case Study: Incompletions Come From Wrong Understanding

2. Let My Possibility Happen in Me

Expert

Change surfaces. Pick coarse stone to roll the fruit over. Left. Right. Up. Down.

Yogi Challenge!

Walk with the fruit rolling next to you! How about just have

any thing move to you
– why get up for a cup?

Experience Log

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II. Manifest Your Reality: *Start Playing Iswara!*

First Time

Please Finish the Following Four

Case Study: My Thoughts Create My Reality

Case Study: I am a SEED. A Possibility

Case Study: My Perceived Impossibilities

Case Study: I Decide

Case Study: Every Situation Has A Liberating Cognition

1. My Goal Today

Case Study: Incompletions Come From Wrong Understanding

2. Let My Possibility Happen in Me

Experience Log

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Physiology of Reality

Whether it is health wealth or happy blissful relationship, completion peace in your personal life, enlightenment, whatever you want in your life – it is possible.



Case Study: My Thoughts Create My Reality

Our entire world is made of thoughts. Everything started as a thought. All your thought may not have become reality. But what is reality now started as a thought. Agreed?

As a 10yr old Janini wanted to be a pilot. When she turned 16, she thought I can just learn how to design the plane! Why only fly! By 21 she graduates as an aerospace engineer. Then she thinks Oh I can actually make planes safer, better, faster, lead the world, come on – so she is 32 today – a leading space scientist.

Our thoughts are seeds. The thought patterns are like trees, and The reality which we experience is the fruit. As we sow, so shall we reap. Whatever we put in as thoughts, and what thought patterns we grew, they are bound to determine the fruits that is. make thoughts into reality. Some thoughts and thought patterns are conscious, others are unconscious.



I Create My Reality

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Date: _____
My Click: _____



Open the Doors of Possibility

Human being is a seed. Understand that you are not a finished product, you are a possibility; you are a happening; it is never too late to change, even if you are 93 years old! You are not done, you are a seed.

Continuously life is possible. Because human being is a possibility - you are seed, you need to open up. You need to evolve new organs. Not just intra organs, internal organs itself.

First principle of the physiology - whatever is perceived by you as reality is a great possibility, not a conclusion. If you think you have a disease, you are in poverty, it is a possibility, not a conclusion. Nothing is concluded. You are in the middle of the life. Means there is so much of possibility in front of you - possibility of the future gives you shakti to manifest your reality. Possibility of life gives you the inspiration to manifest your reality. All of us as long as we can breathe, we carry the possibility to manifest our reality.



My Clicks

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Case Study: I am a SEED. A Possibility

Why are we not manifesting? Understand, nobody wants to - everyone has come to the conclusion that they are end product. QC passed. You are not packed food sitting in the mall, you are fertile seed sitting on the ground.

Look into yourself and see in how many places you closed the door of possibility for you. Sometimes learning a new language. Or learning something as swimming or cooking. Or things as grooming yourself. Look in. You have shut many of your possibilities with the idea you are finished product. If you have an idea that something is not possible, pen them down – in every level – health, wealth, mind or relationships. Whatever dimension you feel you are done – pen them down. *For example, I can't make work-life balance happen, I am done with you! I don't have the stamina to do this any longer..*

.I am a SEED, A Possibility

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Case Study: My Perceived Impossibilities

All impossibilities you perceive as your patterns restrictive thought currents, destructive concepts, the patterns you carry, thought currents you cherish which are restrictive, destructive, which reduces your power manifestation - all of them are DEAD.

For Example I want to get up in the morning and do yoga and build my body, but my laziness you see will not make me get up for any alarm.

If you think all these patterns are torturing you - good news is that all your patterns are dead. But the person who needs to break the pattern - the will - is alive. The patterns are not a living part of you. They do not exist. They are not part of the living mechanism which is YOU. All your toxification, toxic mental setup, corrosion erosion of your third eye- they are all dead. They do not have life. 90% of the conflicts are inside - the remaining 10% doesn't exist⁷.

Look In. Pen down all the impossibilities you carry, the patterns that restrict you. *My wife will not allow, my boss will*

not allow, society will not support, I am lazy.

My Impossibilities

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⁷ Pauskara Agama says binding cognition arise from speech. When we give life to our impossibilities. *Abhyo na paramo bandhah abhyo muktistu na para, tannivr tyavinabhutodrkriyavarako yatah/ Verse 28.*



Patterns do not have life -they are dead. They get life only when your will supports it.

Your will gives life to it - nobody else. Whether it is a sleeping pattern in the morning or pattern where you can't run your day without depression medication, all compulsive thought currents and compulsive actions do not have life of its own. Every day you give life to it believing the patterns are its own life - NO - patterns suck your blood and make you believe they are alive independent of you.

Your will gives life to your pattern. You deciding that you will not give them life anymore - you just need to perform the last rites.

Your will is the only living mechanism, living organism, living principle in you - if your will stops giving life to your pattern they cannot exist.

Decide not to give life to patterns any more.

My Clicks

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Case Study: I Decide

Janani is working night and day on her new research. Just as she thought she is done, she understands 10 more tasks ahead of her are pending. She starts panicking. Watches the clock tick. Its 1am. She says to her self "I have done enough. No one would have stretched just as I have. In my situation no one would have managed. Come back tomorrow". With this decision, immediately Janini stops all her work and goes to bed.

Next day morning she is up in a bad mood. Her research is not complete. Her mind is going over the script of how she is going to get her proposal submitted in time. All problems start to take shape in front of her eyes. The budget office will take time. Her colleagues will request for review. She is only 5 days from submission. University office needs a couple days ahead of deadline. She has just realized her 1 night sleep is going to get her behind in her schedule, her dream, her life.



She secretly hopes she can skip work today. Soon she develops a headache. Time is ticking. At work she can't concentrate. Her colleagues are checking on how she is doing. She looks horrible. She is panicking. Breath is high. Her levels of concentration low. Day has ended. And she is exactly where she was when she went to bed the previous night.

Let's help Janini.

1. *What according to you is her pattern?*



2. *How did she give life to her pattern to shape her life? At what moment of powerlessness did she make this decision?*

Just as Janani, we all have some pattern we are giving our life to. Decide not to give life to patterns any more. Your will is the only living mechanism, living organism, living principle in you - if your will stops giving life to your pattern they cannot exist.

Look back at your day today. Can you identify at least 5 patterns you have given life to?

It's okay

I don't know what to do anymore

Felt pressured and withdrew

Couldn't handle the conversation so moved away

Spontaneously lying (you know you needed few more minutes but you said you are done)

My Clicks

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1. My Goal Today

As we said before, we are sitting under a Kalpataru tree; BUT Are we asking for the right things? Are we asking for them in the right way?

Write down ONE desire that you want to work on. Write down in complete detail.

Pick something that you have been working towards; something that has been difficult or been a struggle for you to achieve. It can also be something which you want, but you doubt your ability to get it, or may have come to believe may not happen (e.g. "I want a happy relationship with my managers at work, but I don't think it is going to happen")

For example, I want to demonstrate the power of consciousness over matter. Move the coconut while it is on the floor. By 1 feet. First left. Then Right. Then Upside Down.

My GOAL

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Pattern of Impossibility

Why are we stuck with certain ideas? If we think a little bit, we can see how our thought patterns are shaped by the past. Our current cognition is filled with understandings of the world we have from our past. Some of these understandings are the ones that are limiting us.

These are called “Incompletions”.

Incompletions are incidents, memories, wrong cognitions from the past that are occupying the present and are affecting our future”.

For example if you go to a beach and if you see someone getting hit by a mob, you may decide that the beach is a dangerous place. You will be afraid to go to the beach again! This is how past incidents restrict us in the future. Wrong cognition leads to powerlessness, low mood & impossibility! ☹

My Clicks

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Whatever stops you from getting whatever you want is an 'incompletion' because it has left you with the feeling that something 'missing' in your life... this could be fear, comparison, low confidence, past unpleasant experiences and memories. All these are hangovers of the past which are sitting in the present and destroying your future decision making and action. You are whole but your incompleteness fragment you and you are not able to direct your whole energy to fulfill your desire.

Case Study: Incompleteness Come From Wrong Understanding

When Janani was 10 year old, at school she was the class monitor. She would be first to turn in her exams, her homework and any assigned work. Once she realized she forgot to complete the appendix. She panics. She turns in her work without the additional assignments and for the first time in her school record she is second in class. Dropped off from

being monitor that week. That pain is too much for the 10 year old. She convinces herself *I have done enough. No one would have stretched just as I have. In my situation no one would have managed.* Many years later she is still afraid of finding pending work, missed deadlines, and she is afraid of making such mistakes. She may lose her position, not be given her due. As a result, she holds back, compromises, doesn't express to her full potential.



Is Janani right in assuming that just because she missed once and that miss led to loss in success that always her mistakes are going to be failures?

NO!!

So incompletions always come from WRONG Cognition, wrong understanding!

Look in. Spend a few moments and identify is there a past incompleteness in your life, a past hangover, restricting your life? Pen them down.

My Clicks

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I Can Change Anything With Completion

It is one of the most powerful techniques. Paramashiva explains:⁸

1. All the patterns incompletions which you feel are stopping you relive them with your WILL. Reliving means how they are functioning in you go in the same circuit and see how when impossibility comes, you feel tired, bored, frustrated. Remember each of the pattern, the way you built that pattern, the way you react to them -relive them. Reliving is not remembering. Remembering means sitting and thinking what happened. Reliving means forgetting the present and getting into the moment and experiencing it.
2. Relive every impossibility, every incompleteness, every suffering every suffocation which makes you feel you are not yet complete, which makes you feel you cannot manifest what you want. Each of these patterns - just go

⁸ devadeva trīṣūlāṅka kapālakṛtabhūṣaṇa | digdeśakālaśūnyā ca vyapadeśavivarjitā || 22 | Look at your past, dis identified; let attention be at a place where you are seeing some past happening; and even your form having lost its present characteristics is transformed. Vignān Bhairava Tantra Verse 22. Chapter 94.



into this patterns—read what you wrote, and go into the pattern the same experience, the same emotion—suddenly you will see that the impossibility collapses. You will realize that they do not have—they were posing as if they were alive. When you re-live this understanding will raise in your system. Relive them at least five times.

3. If you feel emotional, do not resist or do not break the process - go through the emotion and relive them as if they are happening to you now.

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My Click: _____



Case Study: Every Situation Has A Liberating Cognition

Janani when she was 10 year old, she panics on missing part of her assignment and fails to perform to her standard. Since then Janani resists new ventures, unknowns, expansion as she is afraid of missing deadlines, and feels she may fail again. She is convinced that no one would be able to manage the situation better than her, and she is doing the best given the scenario. Janani today is 32 and for last 22 years – the 10 year old Janani is restricting her future. Her cognition has severely bound her; she is unable to see any options in that situation; she only sees one way to act in that situation and it leaves her powerless. We call this a “binding cognition”.

Let us experience how completion technique brings a shift in cognition and makes you powerful. We asked Janani to relive the experience she had when she was 10 year old five times.

Relive-to Relieve Cognition

Current Cognition	Binding	Any mistake and I am going to fail!
After time	Reliving	1 st Oh God! Oh No! How Did I Not See?
After time	Reliving	2 nd What will I Tell My Mom?
After time	Reliving	3 rd OK I am just going to have to say I ran out of time. Did my best
After time	Reliving	4 th Hey that is easy – I can do it in a couple of minutes
After time	Reliving	5 th Hey good I saw it before the deadline
Experience (Liberating Cognition)		I am being protected!



The opposite of a “binding cognition” is a “liberating cognition”. A liberating cognition gives people options in any situation; it is a way of looking at the world that empowers people as opposed to making them power less. Every situation has a liberating cognition.

When we see reality “as is” without the filter of a binding cognition, then we are complete. With that understanding decide to have a mature conversation with you—that is called completion. Matured conversation with others—that is called make the life happen. Matured conversation with God—that is prayer. Matured conversation with nature, that is sankalpra, command, ajna with prakriti.

Understand, maturity makes you manifest life. Fundamentally for everything we are doing, we are going to be doing, the foundations is you. Coming to the conclusion about you as the source of life. puruṣaḥ so’ ham asmi || 16 || Upanishad declares That which is there, the glorious Sun, is the mirror of the Supreme Being, who is all-pervading, pure consciousness of the whole Cosmos. Indeed, I am He (that Being). [soham asmi].

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Take any 1 incompleteness or a past hangover, restricting your life. And relive to relieve 5 times to experience powerfulness in you.

Relive-to Relieve	Cognition
Current Binding Cognition	
After Reliving 1 st time	
After Reliving 2 nd time	
After Reliving 3 rd time	
After Reliving 4 th time	
After Reliving 5 th time	
Experience (Liberating Cognition)	

My Clicks

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Sat Chit Ananda: Your Consciousness Is The Most Superior Authority in Everything

Sit and write in a paper – because I am alive and I remember I am alive, I want to be alive, sat chit Ananda.

Sat means I am alive,

Chit means I remember I am alive and

Ananda means I want to be alive, because I enjoy being alive.

Because I am Sat Chit Ananda, I am Paramashiva. Write this in paper and sit on it.

Pen down in your own mother tongue: the way it clicks with you – pen down for YOU to remember. If you do not pen down you will not remember in a matured way. Please pen down and sit on that paper - cognize in a very mature way

I am Sat-Chit-Ananda

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2. Let My Possibility Happen in Me

Start doing the process of completion with the incidents you identified in the Case Study: Incompletions Come From Wrong Understanding

Binding Cognition	Action Binding Cognition (How I was before completion)	FromLiberating Cognition (After Reliving 5 Times) I Can Change Anything With Completion	New Actions
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Anything I miss, withdraw. Go to I am being Rejuvenated,
 I am going to bed. Tell myself I protected Excited, Looking
 fail, I can't make have done forward to
 mistakes. enough. what next may
 happen.

My Clicks

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The SPH Nithyānanda Paramashivam

The Supreme Pontiff of Hinduism (SPH) Jagatguru Mahasannidhanam (JGM) His Divine Holiness Bhagavan Nithyānanda Paramashivam is Avatār of this day and age, an incarnation as per Hinduism. Time and time again, incarnations like Śri Ramachandra Prabhu, Bhagavan Śri Kṛṣṇa, Swami Narayan, or Rāmakṛṣṇa Paramahansa have come down to bring humanity a greater level of conscious awakening. In this same way, for the breakthrough of this age that we are living in currently, the cosmic consciousness has embodied the human form again through The SPH.

The SPH is the reviver of the Hindu civilizational nation, KAILĀSA, the only Hindu nation in the world. Entrusted with this vision from the very birth itself, The SPH was recognized as an incarnation by His esteemed Gurus who passed on the torch of Hinduism to Him. Today, The SPH has revived all traditions of Hinduism – from the powers of Paramaśiva, to sacred scriptures, to temple ritual, to the lifestyle for enlightened living. The SPH established more than 16,000 KAILĀSAs around the world to uphold the teachings of Paramaśiva in the form of temples, paduka mandirs, satsang centers, Paramaśiva shaka centers, universities, and sarvajnapeetas. The SPH has





also revived the Sacred Arts University which has produced over 3,500 metal deities and distributed them to KAILASA ecosystems all over the world. The SPH is recognized as the leader of Hinduism with more than 1000 letters of commendation and recognition for His work to revive this nation, from country statesmen, religious leaders and noteworthy personalities across the globe.

For His impressive revival work, The SPH was recognized and coronated as the successor of 21 ancient Hindu kingdoms. Outstanding of all His numerous contributions, however, is the revival of a Hindu nation, and The SPH's vision for an enlightened civilization.





Introduction to KAILĀSA

KAILĀSA is the revival of the ancient enlightened Hindu civilizational nation with its own sovereign territory also. It is the first Sovereign State for all the two billion born and practicing Hindu diaspora worldwide.

The ancient enlightened Hindu civilization used to exist in 56 nations, 10,000 Hindu traditions flourished in 200 Hindu kingdoms, and 1700 Hindu provinces. However, centuries of religious persecution has made Hindus orphaned with no countries representing them. The last Hindu nation to fall was Nepal in 2007.

The Supreme Pontiff of Hinduism (SPH) Nityānanda Paramashivam is the Head of 21 such ancient indigenous Kingdoms of Hinduism. The SPH is reviving Hinduism to its full glory in the United States of KAILĀSA, which stands for human rights and religious freedom for all Hindus worldwide, protecting Hindus from persecution in over 100 countries.

KAILĀSA stand for all great values enshrined in the constitution of KAILĀSA the Vedas and the āgamas. It is governed by the Sovereign Order of SHRIKAILĀSA, the oldest Governing Body for Hinduism, KAILĀSA's vision and mission is enlightened living for all of humanity which is rooted in the fundamental principle of Advaita or Oneness the idea that all beings can live in peace and harmony, and that all human beings are equal and divine, and can reach their highest potential.





About MahāPramaśivoham

Whenever an individual goes through a spiritual bliss, he manifest a beautiful peaceful life for him and everyone around him. If he is powerful enough, he moves the whole city and manifest peace. He is more powerful, he moves the whole village or whole country. If he is powerful enough like incarnations, he moves the whole world and manifest peace for them. The individual's bliss is the source for the global peace in the microscopic "Om" or the macroscopic level, Universe. Whatever level it may be. Global peace is the by-product of individual peace.

Life outside mirrors from life inside.

Whether you want to manifest state, space, powers and being of Pramaśiva or you want to manifest happy relationship with others or you want to manifest global peace, in every level, everything, everything boils down to one truth, that is ultimate power. If you start the powerful cognitions from inside, you will automatically see everything starts happening.

I Know Your Capacity, Your Possibility.

MahāPramaśivoham awakens the Pramaśiva in you to make you manifest the ultimate life as Pramaśiva.

For schedule and registration details, please visit paramashivoham.org and kailaasa.org



Date: _____

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About The Manual

Revives the science of Kalpataru – Manifest Your Reality. Power Over Everything.

Why is the world the way it is?

In our life:

- There are things in our life which we wanted to have, and we have them
- There are things in our life which we wanted to have but don't have.
- There are things that we don't want, but we have them in our lives anyway

Why is that? Why is the story of our life written in that fashion?

Who wrote it? Why did they write it? How to rewrite it?

Who? Why? How? These are the BIG three questions. This manual brings the science of listening to ourselves and answer to these questions.

How is Kalpataru related to personality development?

It is NOT. In personality development we can develop existing personalities – after a personality development course, a beggar may imagine getting money from every person he begs. After he is empowered with this science of Kalpataru he has the possibility of becoming a millionaire!

The manual is drafted so it can be incorporated into any existing training, syllabus or assigned for self assessment and growth.

