



# Break Free From Delusion

With The SPH  
Nithyānanda Paramashivam





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Chant the Mahāvākya,  
remember Paramaśiva,  
remember He Has come down  
in the form of Nijavatar, my  
Guru The SPH Nithyānanda  
Paramashivam. Connect with  
seeking and receive your  
answer!



The happenings of your life which you are not able to convince that you are responsible directly or indirectly that part is called delusion and delusion is not always bad.



Delusion is nothing but some part of you which you just want to keep it aside to be stress free.



If you understand you are  
responsible even for your delusion  
you will not feel bad to take  
responsibility for your delusion.



Your so-called negative patterns, bondages, chains which binds you; your mind, your self doubt, self denial, self hatred, even all of this, is the choices you took; may be out of delusion but that does not mean it is bad.

When the delusion becomes strong you will simply wake up to the next level of consciousness.



For Example: The truth is “you are Paramaśiva.” Sometimes you manifest means He is manifesting. Sometimes if you are not manifesting Paramaśiva as you want, then doubt that delusion.



Faltering in diagnosis of the root cause of the problems is source of delusion. When you have a stomach pain, if you falter, miss in diagnosing what is the problem, why is that problem - you will never find the right solution.





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