



Mandalas

SACRED GEOMETRY

Individual Results May Vary. Results Not Guaranteed.

© 2023 Sri Nithyānanda Paramashivam. All Rights Reserved





Analogy of a Yantra



When you look at a yantra , you will notice the certain symbols making up the entire yantra.

These symbols include bindu (dot), Trikona (triangle), Chakra (circle), Shatkona (six-pointed star) (bhupura (square) and padma (divine lotus).

When mind is concentrated on a yantra, you attain union with God through geometric visualization.





How to Use a Yantra



You may meditate on the yantra to achieve resonance with the divine energy ruling the yantra

You may install it on your desk or wall or altar or near entrance. You may even place it in your vehicle dash. It creates a force field and charges the environment. You may carry it in your wallet.

The vibrations of the yantra will create an aura of positive energy around you.

The SPH Nithyānanda Paramashivam

Individual Results May Vary. Results Not Guaranteed.

© 2023 Sri Nithyānanda Paramashivam. All Rights Reserved





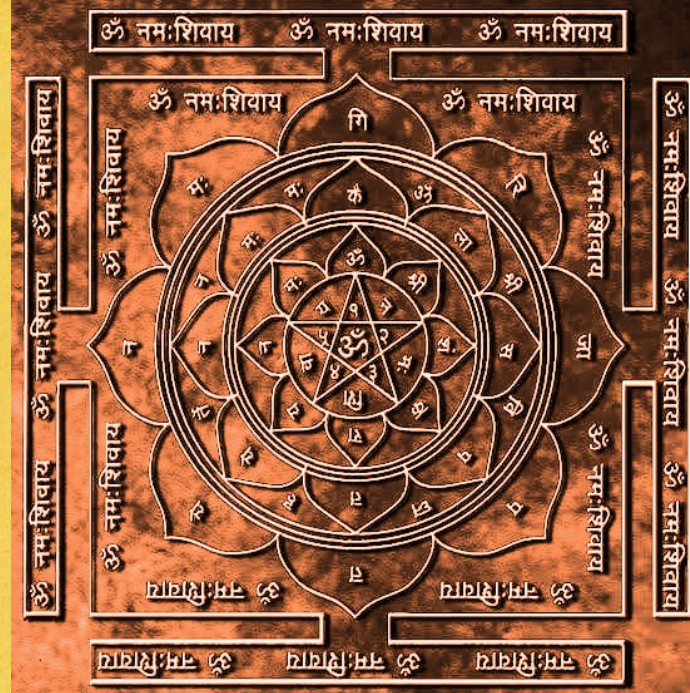
Maha Mrityunjaya Yantra



The worship of this Yantra frees the fear of death, grave dangers, and fatal diseases and makes courageous and healthy. It dissolves fretfulness, dreads, fears, ill effects of malicious planets, apparitions, diseases and death by mishap.

After honest dedication with puja, this yantra may be dipped in a container of water for drinking to check or heal ailments. The holy water may also be splashed through the home for synchronization and comfort.

For averting effects of drifting spirits and other catastrophes, this Yantra can also be fastened on the outer gates of the home after puja.



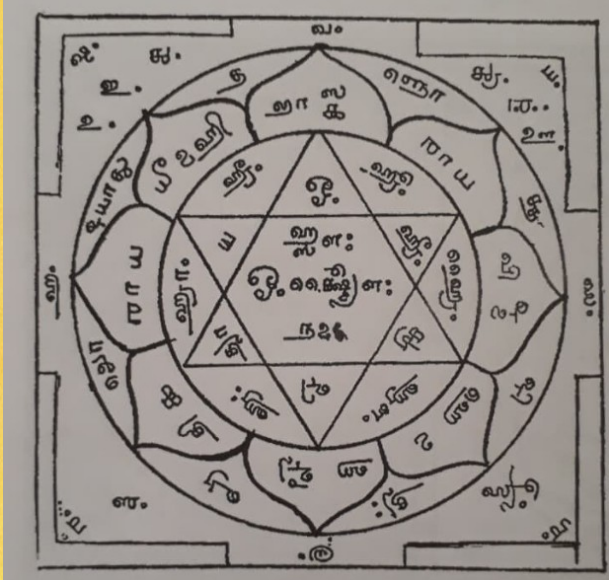


Surya Yantra - Astrological Importance



The Sun is referred to as Ravi or Surya in Vedic astrology. Lord Surya is also known as the "Atmakaraka" in Sanskrit, Atma meaning soul and Karaka meaning indicator.

In Vedic astrology, the planet Sun stands for soul, will-power, eminence, the eyes, general vivacity, bravery, leadership, vicar, persons of high caliber and authority. Surya is associated with copper, gold, brass, gemstone ruby and wheat. One can also worship the Surya Yantra regularly, as it manifests the divine energies of planet Sun.





Kartikeya Yantra

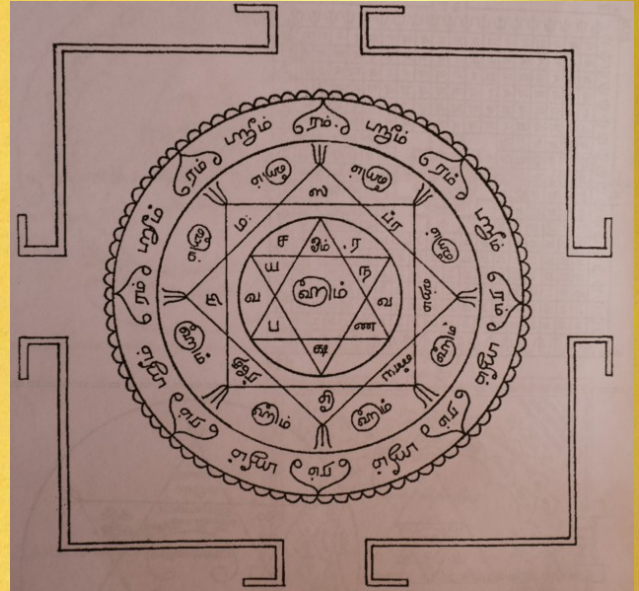


Presence of Kartikeya Yantra bestows confidence, willpower & intelligence

People worship this yantra for wish fulfillment & spiritual upliftment

Murugan Yantra is also beneficial for victory & success in all their endeavors

It can be used for overcoming debts





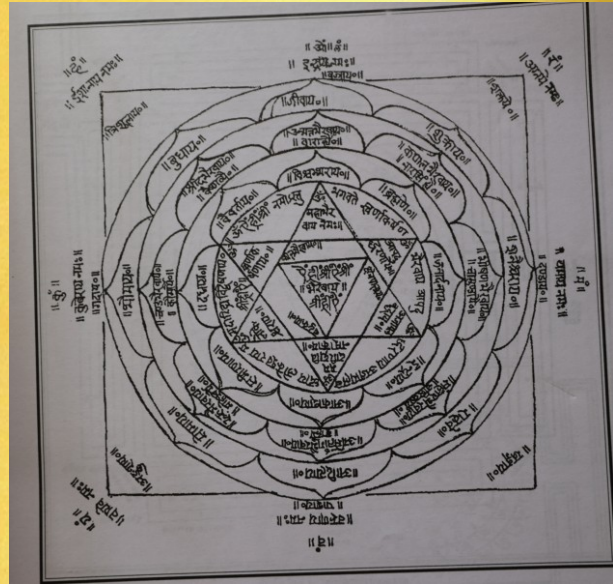
Kalabhairava Yantra - Mantra



॥ Swarnat Vijaya Vidmahe
Sula Hastaya Dhimahi
Tanno Kala Bhairavaya Prachodayat ॥

*One with the dog and flag, I think about you
holding the trident! Come and enlighten me!*

Kalabhairava Yantra sharpens your time
management skills.
It provides a debt-free life
It is highly useful for professionals who are in the
need to multitask efficiently.
Makes you financially sound
Enables you to utilize time wisely





Sri Chakra



This Yantra was taught by Sadāśiva to Nandinatha. It's a powerful Mandala to invoke the energy of Shivoam – the science of using sound, the science of using simple lines to awaken yourself and awaken others!

The SPH also had the darshan of the Śri Chakra, which is the form of Paramaśiva Śakti as an intricate geometric figure.





Gayatri Mantra Dīkṣā



1. Please sit straight.
2. Inhale and exhale as deeply as possible, and as slowly as possible.
3. Read, Listen and Repeat the mantras three times

Meaning:

I dwell upon the intelligence which is responsible for awakening my ultimate intelligence. Let the intelligence itself help me to dwell upon it



Gayatri Mantra + காயத்ரி மந்திரம்

ॐ bhur bhuvah svaha tat savitur varenaḥ
bhargho devasya dhīmahi dhियो प्र नः प्रचोदयात्

ஓம் பூர்புவஸுவ: தத்ஸவிதூர்வரேண்யம்
பர்கோ தேவஸ்ய தீமஹி த்யோ யோ ந ப்ரசோதயாத்

Individual Results May Vary. Results Not Guaranteed.

© 2023 Sri Nithyānanda Paramashivam. All Rights Reserved





Samaya Mantra Dīkṣā



1. Please sit straight.
2. Inhale and exhale as deeply as possible, and as slowly as possible.
3. Repeat the mantra 11 times

ॐ हां हौं शिवाय नमः
om hāṃ haum śivāya
namaḥ

Sa + maya means -
transforming this identity
- 'I' and 'mine' into the
Divine - Śiva



Mahavakya Upadesam



1. Please sit straight.
2. Inhale and exhale as deeply as possible, and as slowly as possible.
3. Repeat the Mahavakya 11 times

ॐ नित्यनन्द परमशिवोहम्

Om Nithyananda
Paramashivoham

