



Mahāvākya  
ॐ नित्यनन्द  
परमशिवोहम्

The SPH  
Nithyānanda Paramashivam





Chant the Mahāvākya,  
remember Paramaśiva,  
remember He Has come down  
in the form of Nijavatar, my  
Guru The SPH Nithyānanda  
Paramashivam. Connect with  
seeking and receive your  
answer!



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# || Vandanam ||

Scriptures reveal that a conscious resolution at the beginning of anything invokes the presence of the Guru, marking His blessing and auspicious outcome of the action.

## || Sadguru- Vandanam ||

nityānandaṁ paramasukhadaṁ kevalaṁ jñānamūrtiṁ  
dvandvāṭitaṁ gaganasadṛṣaṁ tattvamasyādi-lakṣyam |  
ekaṁ nityaṁ vimalaṁ acalaṁ sarvadhī-sākṣi-bhūtaṁ  
bhāvāṭitaṁ triguṇa-rahitaṁ sadGuruṁ tam namāmi||

I surrender to that SadGuru who is the eternal bliss, the bestower of supreme happiness, the One, who is the embodiment of wisdom, who is beyond duality, who is omnipresent, to whom the Supreme goal is giving the Enlightenment experience, who is eternal, pure and unshakable, who is the silent spectator of all thought processes, who is beyond emotions, who is without the three qualities called Sattva, Rajas and Tamas.

## || Guru Parampara Vandanam ||

nithyānandeśvara Paramaśivasamārambhām  
nithyānandeśvari Paramaśivaśakti madhyamām |  
asmat āchārya paryantām vande Guru paramparām ||

*In the guru parampara vandanam we offer our gratitude to eternal lineage to all Gurus, to all masters.*

I surrender to the Lineage of all the Enlightened Masters which has Śrī Nithyanandeshwara Paramaśiva as the beginning, Śrī Nithyanandeshwari Paramaśivaśakti as the middle, and my Guru Nithyānanda as the entirety - from the source onwards.

The SPH Nithyānanda Paramashivam shares His context of invoking the Guru: “I might have heard about God, Brahman, Universe, Advaita, Vishishta Advaita, Dvaita, all powerful, omnipotent, omnipresent, Akhanda, Paripurna, Satchidananda . All big big words - Niramaya, Nirguna, Suddha, Suddha Maya, Suddha Bodha. I might have heard about all those big big theories, concepts, words, inputs, visualizations, fantasies, about God, Ultimate, everything. But finally, I realized it through my Guru. This gratitude is called Guru Bhakti. That makes “mannatha Śrī jagannatho madguru Śrī jagadguru” 27 May 2017, *Intimacy Vs. Intimate, The Ultimate is Heard Only Through Your Guru*



In the Śrī Guru Gita it is stated:

On the beautiful summit of Mount Kailāsa, where Devi Pārashakti, having bowed with reverence to Bhagavān Paramaśiva inquires....

*O Lord, by which path can an embodied soul become one with Brahman (absolute reality)? Have compassion on me, O Lord! I bow to your feet.*

"केन मार्गेण भो स्वामिन् देही ब्रह्ममयो भवेत्।  
त्वं कृपां कुरु मे स्वामिन् नमामि चरणौ तव॥३॥"

"kena mārgēṇa bho svāmin dehī  
brahmamayo bhavet |  
tvam kṛpām kuru me svāmin namāmi  
caraṇau tava ||3 ||"





In response, Bhagavān Paramaśiva says...

*Always remember the Guru's form. Constantly repeat the divine name given by the Guru. Always follow the Guru's commands. Think of nothing other than the Guru.*

"गुरुमूर्तिं स्मरेन्नित्यं गुरुनाम सदा जपेत्।  
गुरोराज्ञां प्रकुर्वीत गुरोरन्यन्न भावयेत्॥१८॥"

"gurumūrtiṃ smarennityaṃ gurunāma sadā  
japet |  
gurorājñāṃ prakurvīta guroranyanna  
bhāvayet ||18 ||"





Greatest happening on the planet earth is, un-enlightened being sitting with an Avatar and becoming enlightened.

The SPH Nithyānanda Paramashivam  
Living Enlightenment, 7<sup>th</sup> Edition  
[https://nithyanandapedia.org/wiki/Living\\_Enlightenment:\\_Unabridged\\_\(7th\\_Edition\)\\_\(Book\)](https://nithyanandapedia.org/wiki/Living_Enlightenment:_Unabridged_(7th_Edition)_(Book))







Anything, anything, other than the truth which is not in alignment with the truth, be completed and drop. Let you take up more and more responsibility and develop more and more maturity.

The SPH Nithyānanda Paramashivam  
27 May 2014,, Nithyānanda Satsang





If your pattern says, *'Oh, how can I be Paramaśiva? Me eternal bliss? All the time I am morose!*, then look inside; you must be carrying intense violence, anger towards yourself and life.

Anything which says otherwise, complete with that pattern, complete with that incident, complete with that.

Let this reverberate in your being for 24 hours– Om Nithyānanda Paramaśivoham!







Remember the waking state, dream state, deep sleep state, all the three may be different color painting but painted on same canvas which is consciousness.

Different colour, difference in the colour of the painting does not change the quality of the canvas.





Cognize this.

This cognition when you wake up, when you are confused, understand even when you are utterly confused and powerless - the core consciousness quality does not change.





॥ पूर्णमन्त्रः ॥ pūrṇamantra ॥

ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते । पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥ ॐ  
शान्तिः शान्तिः शान्तिः ॥ हरि ॐ तत् सत् ॥

auṁ pūrṇamadaḥ pūrṇamidaṁ pūrṇāt pūrṇamudacyate । pūrṇasya  
pūrṇamādāya pūrṇamevāvaśiṣyate ॥ auṁ śāntiḥ śāntiḥ śāntiḥ ॥ hariḥ auṁ tat  
sat ॥

Aum. This is Completion (Purna), that is Completion (Purna). If This is removed from That, both remain, continue as Completion. When the Completion merges into Completion, Completion alone remains. If the Completion is removed or perceived to be removed from Completion, again Completion alone remains as Completion. Let there be peace in my inner space, peace in the outer space, peace in the Cosmos.





# ॥ Śānti Mantra ॥

ॐ पूर्णमदः पूर्णमिदम् पूर्णात् पूर्णमुदच्यते ।  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥  
ॐ शान्तिः शान्तिः शान्तिः ॥

oṃ pūrṇamadaḥ pūrṇamidam pūrṇāt pūrṇamudacyate |  
pūrṇasya pūrṇamādāya pūrṇamevāvaśiṣyate ॥  
oṃ śāntiḥ śāntiḥ śāntiḥ ॥

“From the space of Completion only Completion comes out. Even when Completion comes out, Completion remains as Completion. When the Completion goes back, Completion remains as Completion”





The SPH Nithyānanda Paramashivam shares His context of invoking the Śānti Mantra “If you stand with the cognition of reality, neither somebody can honour you - add something to you, nor somebody can dishonour you - take away something from you. live in the cognition of reality. The cognition of reality: completion was, completion is, completion will be! You are established in the space of completion. Even when you imagine you have incompleteness, your incompleteness may be based on facts, but it is not based on real. Fact is different, real is different. Your incompleteness may be based on fact, but not, can never be based on real. The law of real, the principle of real, the dharma of real, is Śānti Mantra. In the dream you see many things. You even run if a tiger chases you in the dream! It may be factual for the time being, it can't be real. Same way, in the, even in the so-called waking state, when your dreams pull you and push you - your perceptions may be factual but not real. Let your cognition be established on reality. The Śānti Mantra can give you eternal Śānti just if you make it as your cognition. 23 January 2015, Life Has No Hypocrisy. <https://youtu.be/y36tMxvmlaA>





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