



|| Om Nityānanda Paramaśivoham ||



# Science of Jeeva Samādhi

The SPH Nityānanda Paramashivam



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# Abstract

*If you can produce all the 9 catalyst agents in your body, you are a Siddha who can sit in Jeeva Samādhi means your body can be buried but you will be alive forever.*

Through this course the SPH Nithyānanda Paramashivam shares the eternal secret – Human beings should not die. When this science is available from KAILĀSA, why should you die? Learn

- Difference between Jeeva Samādhi and Mummification
- The various Jeeva Samādhi you can visit and communicate and request blessings from
- Techniques for entering into Jeeva Samādhi

The session brings the unique contribution by the SPH Nithyānanda Paramashivam in reviving the science of becoming immortal – Decide to reprogram your DNA the way you want.



## What is the Science of Jeeva Samādhi?

Science of Jeeva Samādhi: living without food, water, air or fire and space energy; just living without all the five energies, all the five Panchabhūtas, living purely on the inner space, producing all the energies from inner space and keeping yourself alive.

Not taking energy from the space means desires.

1. Desires are the energy from the space.
2. Prāna is the energy from the air.
3. Fire is the energy from Sun, the heat you feel in your stomach, Jatarāgni, the digestion fire is the energy from the sun
4. Blood flow is the energy from water and
5. The mass, bone, bone marrow, muscles, these are the energy from the earth element.

Jeeva Samādhi means all the 9 fluids which are running your body, Navapāśāna, 9

catalyst agents means these 9 body fluids if they are properly handled will keep you alive.

Each input from the outer world immediately produces certain catalyst agent in your system. Without any input from outer world if you can produce the 9 catalyst agents in your body, you are a Siddha who can sit in Jeeva Samādhi - means your body can be buried but you will be alive forever, even without your body you will be alive forever!

The SPH Nithyānanda Paramashivam,  
26 March 2011, Patanjali Yoga Sutras 137 What is Jeeva Samādhi (Eternal Life),  
<https://www.youtube.com/watch?v=fAFw450LaYU>



## I. Technique, *Samyama*

The Samyama on the Vishuddhi chakra can liberate you from all the 9 catalyst agent productive, production inputs.

Like Ragavendra Swamigal of Vrindavan, a great yogi he is still alive, sitting. Don't think he is dead. It is Jeeva Samādhi. He is there alive, still his beads roll and that sound of the Rama Nama, that somebody sitting there and is humming or uttering some words in rhythmic way that can be heard very clearly.

Trailinga Swami; he will be sitting and meditating in the Ganges, suddenly flood will come and he will be completely covered inside. After the flood recedes may be some 5 months, 6months, then people will search for him and start digging out, he will be sitting inside 10 feet in the mud. They will get the body out and he will just shake and come out as “*Yes Aey how are you ... what happened?*”

Near Arunachala, there was a swami, Pundi Swamigal, a great Siddha Purusha, same way only he will sit on the banks of the river and simply flood will cover him and the whole body will be covered by the river sand, he will be there inside for 6-7 moths, after 6 -7

months when the flood recedes, flood settles down, recedes, people will go and dig some 5-6 feet, then bring the body out. He will come out and “*oh ok, ok, ok*”. *He will talk to them and start living.*

Pundi swami [darshan photograph lived just 30 years before, only 30 or 40 years before he took Jeeva Samādhi. He is a next generation to Ramana Mahārṣi, must be 30 to 50 years only. He would have had Jeeva Samādhi and Trailinga swami, he also lived, he was seen by.... Ramakrishna had darshan of Trailinga swami , Vivekananda had Darshan of Trailinga swami means 100 yrs before.

The SPH Nithyānanda Paramashivam,  
26 March 2011, Patanjali Yoga Sutras 137 What is Jeeva Samādhi (Eternal Life),  
<https://www.youtube.com/watch?v=fAFw450LaYU>



*Figure 1: Rare Darshan photograph of Poondi Swamigal (left). Mataji Vibhutananda Puri (center) and Anusuya Ammal (parental grandmother of the The SPH) took the SPH when He is age 3 to Poondi Swamigal for His blessings. Upon seeing the SPH, Poondi Swamigal exclaimed, "My father has come!" He took the SPH on his own lap and offered pada puja (sacred ritualistic welcome to Divine as Guru) to the SPH. The sacred Arunāchala hill was visible from where Poondi Swamigal was sitting. He blessed the young SPH, pointed at the Arunāchala hill and said "Appan (meaning Father, Paramashiva, in embodied form) has come!, Appan has come!"*



## Mummification Vs Jeeva Samādhi

We have some of the great Masters physical body retained as it is; mummified. Egyptian way of mummifying is totally different. That is able to maintain the body.

When the Vedic tradition way of mummifying happens, not only body doesn't gets spoiled and it stays, it continues to be the center of their conscious operations. The great Masters continue to be the center of their conscious activities! That is why your prayers are fulfilled in their presence. If you pray to a mummy your prayers will not be answered because the physical part is retained but not the response part. **Here the response part is retained; the pure cognition - Dhi and Buddhi is retained.**

The SPH Nithyānanda Paramashivam,  
27 April 2011, Master Your Senses Part 1, <https://youtu.be/7MbqrGWnoLg>

**There is no physical, physiological, psychological rules for them. Just breaking everything.**

The SPH Nithyānanda Paramashivam,  
2 July 2015, Gurukul, The Education Centric Family of Guru <https://youtu.be/G4SIU-CZrNg>

Only deitification can take you to KAILĀSA. Mummification can lead you up to Svarga Loka. Bhu, Bhuvah, Svah, not more than that. But deitification takes you directly to KAILĀSA. It can take you up to KAILĀSA.

The SPH Nithyānanda Paramashivam,  
3 September 2019, Static Matter, Vibrant Energy, Strategic Existence Is One And The Same, <https://youtu.be/ZaM7Ch8eH U>

## Bhagavān Krishna is still available for us

The Jagannath Temple is the place where Bhagavān Krishna-Balarama-Subhadra's bodies physically is in Jeeva Samādhi. And it's a living Deity; Sakshat Pratyaksha Murti!

The SPH Nithyānanda Paramashivam,  
10 August 2020, Live Life Based On Cosmic Truths Of Basic Ingredients Of Life - Birth, Death, Universe, God, Society, <https://youtu.be/Hg9XmG4-xXA>



## From Your Conscious Sovereignty Manifest Jeeva Samādhi

1. First, You may have mind. You may have body. You may have all the other things like a wealth, relationships but you are consciousness.
2. Second, consciousness is the ultimate.
3. Third, declaring the sovereignty of your consciousness. Your consciousness is the supreme, most powerful, highest. In Hinduism, everything is to make you express your Conscious Sovereignty, manifest your Conscious Sovereignty.

## II. Technique, *Samyama*

Start enjoying through your two eyes what is enjoyed by your Third Eye.

Anything you replay and enjoy in your dream is cherished by your Third Eye. Those things if you enjoy through your eyes - your eyes will never be sick. That is your Dharma, Artha, Kāma, Mokṣa.

Anything your whole intestine enjoys, enjoy that through your tongue. It'll not make you sick.

The SPH Nithyānanda Paramashivam,  
8 July 2021, Introduction to Conscious Sovereignty,  
<https://youtu.be/6K2Zia5-UCQ>





Decide My DNA, I have the authority to re-programme, de-programme, programme as I want!

Always decide for Life.  
You have a right to Live.  
With this context of- '**Ishaavaasyamidham Sarvam Yathkincha Jagathyaam Jagath** (ईशावास्यमिदं सर्वं यत्किञ्च जगत्यां जगत्)' – even if you have not achieved that context, decide to live and align that context to you more and more. Because you have not yet achieved that context, don't decide not to Live or against Life. No!

Decide to LIVE.  
Declare. Decide. 'My DNA, I have the authority to re-programme, de-programme, programme as I want!'

### III. Exercise

Just only one thing: **Complete with all the incompletions related to Life. Any decision you took against Life, dig it out, dig out that situation, complete it, and drop. That's all.**

Decide to LIVE! And, even if one corner of you has a self-doubt, '*I have decided many times not to live. What to do? 'I don't care! Now I am deciding to Live.* And, whenever those decisions against Life come up, I will complete it, clean it up, but I am deciding, declaring, deciding to live!

*For example: Whether my boss is hitting at me, or my spouse is firing at me, or society is suppressing me, no question of shrinking. No question of making even a single decision against Life. No!' When somebody attacks you, tries to harass you, if you decide, 'Let them be killed or destroyed', it is against life. Always decide, 'Let them not be able to disturb me or harass me. Let them fail in their attempt to harass me or disturb me; that's enough.' That is the decision FOR LIFE.*



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कुर्वन्नेवेह कर्माणि जिजीविषेच्छतण् समाः |  
एवं त्वयि नान्यथेतोऽस्ति न कर्म लिप्यते नरे ॥

kurvann eveha karmāṇi jijīviṣec chatagrṁ  
samāḥ | evaṁ tvayi nānyatheto 'sti na karma  
lipyate nare ||

Iśavāsya Upaniśad, Verse 2,  
'I DECIDE to LIVE. My decision is FOR LIFE!  
From now on, not only consciously, even  
unconsciously, sub-consciously, I will NOT  
entertain decision against Life.  
I will entertain only decision for Life

The SPH Nithyānanda Paramashivam,  
7 February 2015, Change Your DNA with A Decision  
(Iśavāsya Upaniśad, verse 2),  
<https://youtu.be/G1QoOgAQodI>

## Become Immortal

Human beings should not die.  
When this science is available from KAILĀSA,  
why should you die? No. No death.

Jeeva Samādhi means your body will be left  
after you stopped using, it will be there, but it  
will not show any of that symptoms of death.  
It'll not decay, it'll not stink, it'll not go into  
any deformity. Just it will be there as if you  
are in Samādhi.

Svarupa Samādhi means like,  
Jnanasambandar, Andal, Vellalar – carrying  
the body itself. Body, even body will not be  
left. It will just dissolve into the light. That is  
Svarupa Samādhi.

Whether you achieve the state of Svarupa  
Samādhi or not, at least Jeeva Samādhi.  
Human beings should achieve at least Jeeva  
Samādhi state because the science is  
available to all of us.

The SPH Nithyānanda Paramashivam,  
3 September 2019, Static Matter, Vibrant Energy,  
Strategic Existence Is One And The Same,  
[https://youtu.be/ZaM7Ch8eH\\_U](https://youtu.be/ZaM7Ch8eH_U)



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*Living without food, water, air or fire  
and space energy; living purely on  
the inner space, and keeping yourself  
alive is the science of Jeeva Samādhi.*

***-The SPH Nithyānanda Paramashivam***

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