



Super Conscious Mutation

The SPH Nityānanda Paramashivam

Homework & Exercise Worksheets

Includes – guided meditations, reading assignments, special select discourses, detox and more....

Rare revelations, messages and research techniques from 40 years of revival of Hindu Knowledge



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Mahā KAILĀSA – Paramaśiva's Formless Space!

30 Minutes

Connection points with Maha KAILĀSA and Bhu Loka are:

1. Consciousness Turiyatita -Turiyatita infused by Guru – which permanently stays inside forever. Every opportunity it starts operating, starts growing.
2. Mahāvākya is the password for Mahā KAILĀSA
3. Dvadaśānta – (3 fists, 12 fingers) above Sahasrāra
4. Los Angeles KAILĀSA: Paramaśiva is in the very form of that being, accepting, receiving our worship, prayers and responding with grace and compassion and love and blessing

The only requirement to traverse to Maha KAILĀSA is: You need consciousness, free will which can do right or wrong to move to enlightenment zone, the highest planes. Be sure of you – you will not bother about this external world. You only want KAILĀSA.

The SPH Shares:

“At age 2, my grandmother opened her treasury box and asked me to pick up what I want. I picked up the rudraksha through everything! By pushing aside I picked up rudraksha mala. From then I am very clear what I want. “ - 20th August 2022-Paramashivoham Level-3

Exercise: Be sure of you. *What do you want? Intrnalyze your desires, wants, what all do you want? Be sure you will not bother about this external world.*



Ananta Kalyāna Gunās

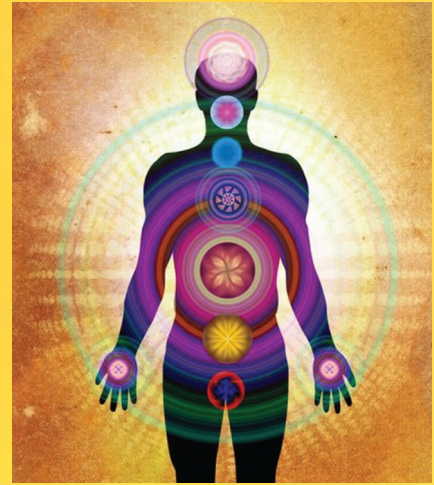
Duration: 5 Hours

Paramaśiva is not just the totality of few auspicious qualities, so by meditating, meditating, meditating on it you become THAT! Invoke Him - Paramaśiva, whatever I know as 'Aham' is a bunch of my root-patterns, social conditionings, parental conditionings, layers and layers of patterns, samskāras, and the past-life karmas. But, this is not too big for you. You can burn all these. And this cannot be the reason why you are not happening through me!

1. Watch the discourse, **Drop your obstacles for Sadashivoham 2016 - Soma Mandala**, <https://www.youtube.com/watch?v=T9bjEQVQ3kA> and complete the table:

Kalyana Gunā	Right Eye of Paramaśiva / Left Eye / Third Eye
Poetry	
logic	
swayamprakashatva	
Romance	
Love	
Initiation	
Liberation	Third eye

2. Next, watch Qualities of Paramaśiva: Paramaśiva Ratri Message 1, <https://youtu.be/MguE6QLOeKO> and mark the chakras and the corresponding qualities of Paramaśiva on the figure:
3. Now, the seven qualities of Paramaśiva – plan how you would want to incorporate these in your life? First one is followed with an example. Complete a situation for the others.
 - Fantasy-less being. *For example, if someone expresses liking to your bracelet, you would just share and give*
 - Being beyond fear.
 - Being beyond worries.
 - Being who goes on sharing giving, giving, giving.
 - Being who is unique.
 - Being who is so simple - easily available.
 - Being in eternal fulfillment - Nityānanda.





How Swamiji Will Do?

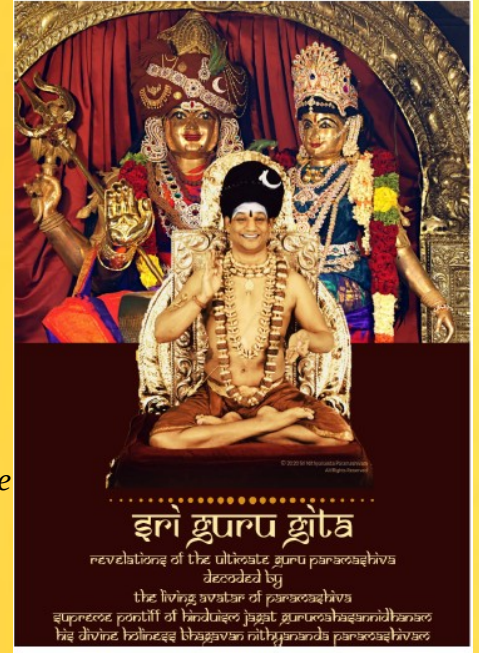
Reading Guide

sarvopadṛva-kuṣṭhādi-duṣṭadoṣanivariṇī |
yatphalaṁ gurusānnidhyā-tatphalaṁ paṭhanādbhavet || 2 16 ||

216. The study of the Guru Gītā removes all afflictions, troubles, diseases like leprosy and great sins. By the study of Guru Gītā, one derives the fruit of the sacred company of the Guru, Gurusānnidhya.

Included in gifts for Paramashivoham is the rare companion of the Śrī Guru Gita with glimpses from life of the SPH and how He connects with His Guru. Just reading this sacred shastra – one derives the sacred company of the Guru! The following reading guide is provided to support your sacred journey

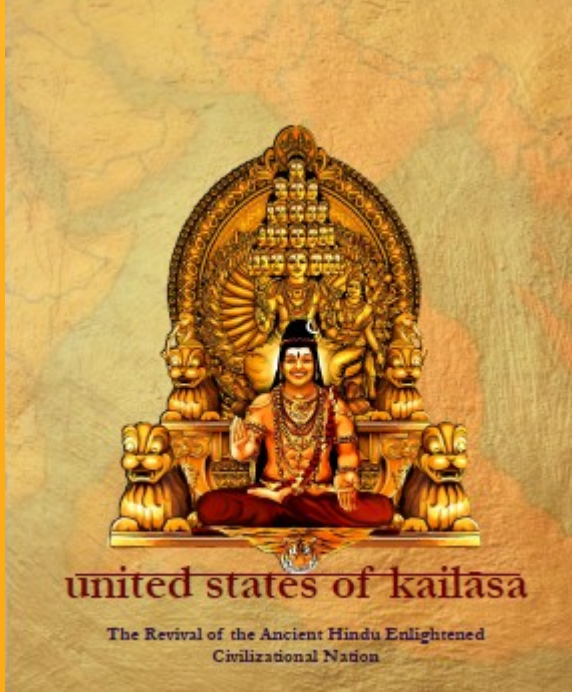
1. You are my form only – Page 37
2. Guru's name – Page 58
3. Surrender to Guruvak – Page 72
4. Guru makes you become Divine Being from Human Being – Page 93
5. Guru is your higher Personality – Page 116
6. Guru Bhakti - Page 122
7. The Wealth of Possibility – Page 166
8. Love of the Guru – Page 184
9. Importance of Guru Tattva – Page 229
10. Remembrance of Guru – Page 244
11. Guru Kripā – Page 281.
12. Guru Name is Mantrajala – Page 313
13. Nothing other Than Guru Exists - Page 332
14. Miracles – a play of divinity – Page 421





Why KAILĀSA?

Duration: 3 Hours



Receive the sacred initiation from the SPH Nityānanda Paramashivam into vision of reviving the ancient enlightened civilization

1. What really happened to Kashmiri Hindus?
2. Which was the first KAILĀSA revived by the SPH?
3. What does the SPH recall about His beginning in Bidadi?
4. What was the vision of the Duarte, Los Angeles KAILĀSA?
5. Why was the SPH called “healing hands”?



Detoxification – Cleanse the Mucus

Mucus acquired in the body, is responsible for the inflammation of organs that causes disorders.

Ingredients: (Serving Size – 1 Person)

5 pods of garlic (organic)

¼ tsp turmeric powder (organic)

½ spoon jeera (cumin seeds) - organic

Recipe: boil water, crush aforementioned ingredients in a mortar and pestle, make a paste and drink at night. (as a medicine and for detox, one can take garlic.

For one month.

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The Science of Pratyāhara || 21 July 2021 ||
<https://youtu.be/OETiThsb7JU>



Paramaśiva's super conscious mutation manifestations, when He super consciously mutated His manifestations, 64 manifestations documented in Veda Āgama, which He himself describes, manifesting all of them in you is the complete manifestation of Paramādvaita.

This whole program, is an upgraded new beginning.

It is not going to be stopping with you manifesting the powers and possibilities of you are consciousness.

It is going to be letting Paramaśiva land in you and manifest the powers and possibilities of Paramaśiva Himself.

The SPH Nithyānanda Paramashivam

64 Incarnations of Paramaśiva, 27 February 2022

