



|| Om Nithyānanda Paramaśivoham ||



Precise Solution To Build

Collective Integrity

With The SPH Nithyānanda Paramashivam

2 Step Guide



- Your heart which is convinced about integrity need to convince all the organs of your body and organs of your life. You all even feel, “Yes, I should convince all the organs of my body. True. But why should I convince the organs of my life? They should convince themselves.” **Actually convincing all your organs and convincing the organs of your life is one and the same.** If you are not able to convince your husband, some parts of your brain is still not convinced about it. If you are not able to convince your wife, some parts of your emotions are still not convinced about it.
- **Each organ actually holds the key for each relationship you have in your life.**
- Your stomach pain will be directly connected to the cobwebs - you have not cleaned in your bedroom. Your ulcer is directly connected to the outside veranda - you have not cleaned your house. Don't think how can that and this be connected. Only if you have ulcer, stomach problems - your eyes will not even aware of the dirt around you. If your eyes are not even aware of the dirt around you, something is boiling inside you. You are preoccupied. All preoccupation manifests ulcer, understand. All preoccupation.

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<https://youtu.be/bp2f19-y36Q>

sarvaṃ dehaṃ cinmayaṃ hi jagadvā paribhāvayet |
yugapan nirvikalpena manasā paramodayaḥ || 63 ||

Translation

One should consciously cognize, keeping the mind beyond the movement of thoughts, free from any doubts or root cognitions [nirvikalpena manah] – that the whole body and even the whole universe, indeed, are simultaneously of the essence and nature of Consciousness in the infinite space of Oneness [cinmayam], then the Supreme Awakening happens where one manifests the cosmic body.

Vijñāna Bhairava Tantra, sutra 63, dharana 40

Precise Solution

- Unable to build Collective Integrity is just because of your obsessive compulsive reactionary pattern.
1. Sit and pen down what stops you building Collective Integrity around you.
 2. Behave ferociously with those patterns. Behave ferociously with the patterns. Behave cutely with the people. You do opposite.

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