



|| Om Nithyānanda Paramaśivoham ||



Life Positivity Tips#

With The SPH Nithyānanda Paramashivam



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- Paramashiva's message directly from Kailasa. Life is the greatest miracle. Life is the greatest contribution. Life is the greatest gift to the Universe from Paramashiva. Life is very extension of Paramashiva, My own being. Life is very extension of Paramashiva. When you realize and make yourself life positive, you give a super conscious breakthrough to yourself.
- Life is miracle. Life is the greatest gift from Paramashiva. Every life is miracle.



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Exercise

1. In your personal cognition about yourself, in as a first person – be life pro, life positive.
2. In the second person, relationship with the people in front of you – be life pro, life positive.
3. With the third persons, be life positive, life pro.
4. There is something called fourth persons, we don't even remember, like animals – animals in the ocean, animals in the forest – even towards them be life positive.
5. There is a fifth persons - plants, trees, hills, rivers, oceans - be life positive even towards them. To everything, be life positive. This is the introductory message for super conscious



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breakthrough, to all of you in individual level and collective level. Be intensely life positive.
Be intensely life positive

3 JAN 2021

Life is greatest gift from Paramashiva -Be Life positive for Super conscious breakthrough
<https://www.youtube.com/watch?v=M0DybNyfAOw>



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- If you operate with intense love, powerful cognitions like a love, compassion, joy, bliss, giving, the Ananta kalyāṇa guṇās of Paramaśiva, you will expand so much. Your perception about you will expand. Your perception about life, reality will expand, reality itself will expand!
- Actually if you operate from this life positivity, even the chemicals and hormones your body secretes, manifests, strengthens your immune system.



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- If you operate what you consider as a love, joy, bliss, compassion, even that the chemicals and hormones your body manifests, strengthens your immune system. And if you operate from the Cosmic cognition of you are Paramaśiva, the kind of the hormones and chemicals your body will manifest and the kind of the immune systems, the strength your immune system will feel, the strength you will experience is unimaginable.



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Life Pro Tip

- Every action you do from fear, guilt, anger, anxiety, the kind of the hormones and chemicals you release inside your system breaks your system literally, breaks your nervous system, and destroys your whole body and mind. Never ever operate out of powerlessness. Do not make decisions out of powerlessness!

30 MARCH 2021

IS LIFE PRE DETERMINED OR FREE WILL? | 30 MARCH 2021|

<https://www.youtube.com/watch?v=9AZ4TYPVfZc>



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Life Pro Tip

- Make yourself more and more life positive, for life. The whole vision of your life matters, not, small, small actions. Vision should be for life. *If a child is about to drink poison without knowing, it is poison. The mother may not be very polite in stopping the child. If she cares for the child, she will jump and become ferocious and snatch that poison and save the child. The action may be ferocious but the vision is life positive. She cares for the child.*

30 November 2019

NS_Be Life Positive - Be "Ushaar Saami!"

https://youtu.be/cuR_zgiMMww

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- The words you generate. See the pure vibration is the Nada in you. How you convert that Nada into Sabdha, Sabdha into language, how you use the words on yourself, and how you use that words on others, and how others use words on you, and how you consume, get impacted, decide to get impacted by the words others use on you - the whole thing should be with absolute life positivity.
- Whether the words you create, and use within yourself, use on others, and the words others use on you, and the way you decide to cognize, cherish, get impacted by others words - everything should be life positive, pure positivity. The way your food, the way your words, the way your consciousness functions, the way you cognize things happening, the way you



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build yourself, the way you build your life's experiences - everything should be absolutely life positive, absolutely pure positive.

- Withdrawal, cherishing life negativity is not going to end. Till you become life positive, you are going to continue to suffer wherever you are! So better to choose the life positivity now! Better to choose the pure positivity now! From now, let us start building.

16 FEB 2021

https://www.youtube.com/watch?v=P5i9AoYpo_o

KAILASA IS ALL ABOUT LIFE POSITIVITY



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- If you want health, use the body intensely, continuously every day. You will be healthy.
- If you want peace, keep the mind intensely active, contributing to the world with intense sincere love, you will have peace.
- Anything you keep actively, intensely, sincerely - you will master that field whether it is a health or wealth or relationships, Enlightenment, power manifestation, anything!

15 March 2021

The UNTOLD Truth on Creating Successfully |15 MAR 21|

<https://youtu.be/b7kNGRK1KNc>



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- If you allow the bliss fermentation inside you, you will be attracting so much of life positivity. You will be just planning to expand more and more and more!
- The scale how to find out whether you are fermenting bliss in your life, worry or suffocation or suffering; what you are fermenting in your life? When you allow the fermentation of bliss in your space, inner space, you will be overflowing. You will be just overflowing, excitement, inspiration, life positivity in your words, thoughts, energy, bubbly bubbly, such an exciting, inspiring. Your food intake will drastically reduce!

6 March 2021

Discover What You Are Fermenting Inside You Is Your Conscious Choice | 16 March 2021 | • <https://youtu.be/D2M90Goio9M>



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- The principle of rejuvenation - extreme life positivity, makes us do all the best decisions about life. We human beings are here on the planet earth after all to celebrate life. So we should focus on contributing for our self and to others and for the next generation.

19 March 2021

4 BEST STRATEGY FOR SUCCESS | 19 MARCH 2021 |

<https://youtu.be/4wCpJACbGjA>



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- Listen. Many time, you get so attached with your reactionary obsessive compulsive behavior pattern, if somebody points you that pattern, you feel that they are binding you, suffocating you, they are controlling you. Even if you are suffering, work to make that suffering into temporary. Don't work to make that suffering into permanent.

10 April 2021

GREAT REVELATIONS ON KARMA, DIGESTION, KAYAKALPA, IMMORTALITY - VOL 2 ||10 APRIL 2021||

<https://youtu.be/CWyte-tEvus>



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