

MANIFEST THE BEST OF THE COSMOS!

Now Offered As Part of Paramashivoham Level – 3

Homework Worksheet

Department: Hindu Science of Consciousness

Credit:1

Duration: 30 hours.

Prerequisite: Paramashivoham Level 1, Paramashivoham Level 2

The ultimate eternal supreme existence, which is pure consciousness can be used like clay, and we can make anything we want out of that clay.- pot or elephant, toy, teacup, anything we want. This possibility does not exist for Jalaja, Prithvija, Andaja, Bija for anyone else in the 14 lokas-parallel universes other than human beings. Our consciousness is capable of printing anything we want just like 3D printers!

Join THE SPH BHAGAVAN NITHYANANDA PARAMASHIVAM to receive the science to *reshape YOUR life with consciousness to manifest the best of the cosmos -*

Revealed first by the Ultimate Consciousness (*Paramashiva*) in the ecosystem of the Kailasa Paramparagatha Arunagiri Yogishwara Adi Arunachala Sarvajnapetha Samrajyam (seat of knowledge)- revived and systematized for modern day humanity by THE SPH BHAGAVAN NITHYANANDA PARAMASHIVAM in 2004 – science that has impacted 100M+.

Learning Outcomes:

- Understand the science of *Paramashivoham*
- The science to connect with beings of the Universe and bring back the best

No prior knowledge of Sanskrit or Devanagari is required.

References:

- THE SPH BHAGAVAN NITHYANANDA PARAMASHIVAM, *The Living Enlightenment*, 7th Edition, 2009
- THE SPH BHAGAVAN NITHYANANDA PARAMASHIVAM, *Shiva Deeksha, Science of Conscious Awakening*

Published by KAILĀSA's Nithyānanda University Press
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The Supreme Pontiff of Hinduism (SPH)
Jagatguru Mahasannidhanam (JGM)
His Divine Holiness
Bhagavān Nithyānanda Paramashivam
1008th Incarnation of Paramashiva

Learn about REAL FREEDOM. Listen - Freedom Is Manifesting Your Possibilities-Not Your Choices! || Live || 17 Feb 2021 || https://youtu.be/N3i7NVmJO_k and answer the following assessment:

Assessment:

Listening Assessment

1. *Your consciousness is the source of all your possibilities.* Write down 10 possibilities
2. *Your mind is the source of all your probabilities.* In what you have penned down – analyze whether any of the 10 are probabilities. Use this truth to help you figure out - *Probability means it can go this way or that way. Possibility means it can go only the way you want.*
3. Update your 10 possibilities.
4. What are the 10 ways THE SPH BHAGAVAN NITHYANANDA PARAMASHIVAM shares with us to manifest the power of conscious possibilities? Make a friendly easy checklist for yourself
5. Which incident from His personal life does the SPH BHAGAVAN NITHYANANDA PARAMASHIVAM extol to share how He discovered this science?

Intranalyzation Assessment:

Spend little time with yourself. Your brain when it looks down, it looks at the probabilities - bad, okay, good. If this happens, it'll be bad for my life. If this happens, okay for my life. If this happens, good for my life. If this happens, great for my life. If this happens, best for my life. If this happens, best-test-test-test for my life. All these probabilities can give only growth to you. But, you just visualize what do you want,... your possibility and 3D print it out of your consciousness and pulls it, pull you out, pull it out, manifest it. That is the real royal life. That gives you the breakthrough.

- Were you able to identify areas of your life where you are planning out of probabilities. Yes/Ongoing
- Were you able to identify 5 situations of the past where something entirely different than what you planned happened? Yes / Ongoing

- Do you realize that planning your life with probabilities you maybe safe but not your best-ultimate creation! Yes/Ongoing
- What changes have you observed within you and in how you respond to situations, happenings around you with this power of possibilities?

Expressing Assessment: Science of Manifestation:

Few seconds decide, *"I am going to 3D print my yogic body sitting in padmasana till this whole satsang. I am consciously 3D printing my body - sitting in padmasana, yogic body. Decide this now and sit in padmasana.*

- Share your possibilities – Number of minutes in padmasana – 5, 15, 21, >30!
- What was your experience before and after? It's possible / Wow! / Just a conscious decision to sit ! / This was easy / I want to learn more
- Come on challenge a friend – let's raise to 21 minutes together
- What more would you like to learn?

Tell yourself, if you want to visualize something and 3D print it out of your consciousness, and take it out and make it as a reality for you - simply you can do it. If there is a time delay or any other obstacle you feel, if you feel for some reason it is not happening immediately, the only reason is just your self-doubt, self-hatred, self-denial. Be ferocious with yourself... and decide to declare completion; don't waste time in the name of completion

Try again!

Challenge a friend to roll 6 – on a dice continuously, consecutively 18 times



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Learn about Life Is All About Manifesting Possibilities of Consciousness || 19 February 2021 ||
<https://youtu.be/6DKNfPSVX3c> and answer the following assessment:

Assessment:

Listening Assessment

1. What are the 5 reasons human beings deny to take responsibility to manifest the possibilities of consciousness?
2. What is the meaning of gas-lighting in the context of manifesting your possibilities?
3. Which truth of the Mandukya Upanishad THE SPH BHAGAVAN NITHYANANDA PARAMASHIVAM shares with us through this discourse?
4. Who is Patanjali Maharishi? What is His experience of applying the truth of Mandukya Upanishad?
5. How can you identify whether you are gas-lighting yourself? Powerlessness? Deep fear? Deep guilt? What else? So you can always use this cheat sheet to bring yourself back to powerful space.

Intranalyzation Assessment:

Spend little time with yourself. Use the cheat sheet you have prepared. Using the sheet one by one internalize and understand the body you have, the mind you have, the breathing structure you have, all these are consciously 3D printed by you. *For example, due to your deep fear you manifested a body a consistent case of migraine, or due to your fear your mind always spends hours planning for probabilities – this may go wrong, then this may happen, not happen – one by one internalize.*

1. Were you able to identify areas of your life where you are planning out of probabilities. Yes/Ongoing
2. Were you able to identify 5 situations of the past where something entirely different than what you planned happened? Yes / Ongoing
3. Do you realize that planning your life with probabilities you maybe safe but not your best-ultimate creation! Yes/Ongoing

4. What changes have you observed within you and in how you respond to situations, happenings around you with this power of possibilities?

Expressing Assessment: Roll the Dice!

1. Just take the dice and remember Paramashiva, connect with Swamiji.
2. Sit in Oneness with Paramashiva and roll the dice. Tell the number you want and roll the dice. Simply you will manifest. At least 18 times you should see exactly the number you want to see. For example, 16 times you saw exactly the same number you want but 17th time you missed it. Then you should start from 1 again. And it is too easy. You guys are capable enough.
3. If there is a time delay or any other obstacle you feel, if you feel for some reason it is not happening immediately, the only reason is just your self-doubt, self-hatred, self-denial. Be ferocious with yourself... and decide to declare completion; don't waste time in the name of completion. Decide, "Let me complete with all these what is... hitting my head, the cobwebs in my brain, the constipation in my biology."
 1. Share your possibilities – Number of times you had 18 times – 5, 15, 21, >30!
 2. What was your experience before and after? It's possible / Wow! / Just a conscious decision to sit ! / This was easy / I want to learn more
 3. Come on challenge a friend – let's raise to 21 times together
 4. What more would you like to learn?