



# *Super Conscious Mutation*

*With Kalabhairava Murthy*

The SPH Nithyānanda Paramashivam

Homework & Exercise Worksheets



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1. Human Beings Are Capable And Qualified For Traveling To the Parallel Universes, <https://www.youtube.com/watch?v=bKAIwbQhgrk&t=10942s> as you listen to the discourse – connect with the various lokas with the graphic on the left.
2. Face Yourself In The Parallel Universe | Secrets Of Parallel Universe In Hinduism | Initiation <https://youtu.be/W9n4Kf8sKjA>. **Pen down the details of the parallel universe you have understood from this session. For example, parallel**



*universe exists. Parallel universe is not parallel – It is multi-levels; Simultaneously spontaneous existence in 14 lokas.*

3. *With the understandings – enter the initiation to mirror the experience - The SPH Nithyānanda Paramashivam shares His personal experience of traversing to the Mahar Loka - <https://youtu.be/JARuGylR6pE> Take 10 minutes and feed Mahaganapati deity; You can also feed your Atmamurthy with the same context and request for experience to happen in you.*
4. Pen down your personal experience of traversing Mahar loka here today. Come back anytime for vertical time zone travel!
5. What is meant by Jeeva Samādhi? *Is it something to do with dying with body? Or living without the body? Or neither?* Correct definition and explanation first revealed as a formula by Patanjali Maharishi- this formula expanded and revived for us to follow by the SPH



Nithyananda Paramashivam, follow 26 Mar 2011, Patanjali Yoga Sutras 137 What is Jeeva Samādhi (Eternal Life), <https://www.youtube.com/watch?v=fAFw450LaYU>

6. How can you tell you have the sensitivity to operate with awareness? Apr 27th 2011, Master Your Senses Part 1, <https://youtu.be/7MbqrGWnoLg>
7. Pen down 10 rules that you think apply in samadhi. *Meaning you may think – time continues, you forget the past, you forget the identity with which you entered samadhi, you believe it is equivalent to death – you are afraid of it – what else?* Samadhi is the ultimate experience and there are no rules
8. Included with your gifts is a copy of the *Beyond Life & Death* publication of the SPH Nithyānanda Paramashivam. Please use the following as a guide to read and learn the sacred secrets about death.
  - What is Death?



- What is pain and pleasure?
  - Spend 30 minute- The Key to Consciousness.
  - Why run constantly?
  - Understand the cycle of life and death and draw the janma marana chakra
1. Watch this discourse *Everything Happening Is Auspicious – Nothing Is Falling Apart, Everything Is Only Falling In Place*, <https://youtu.be/5ISF0cfvpmA> and look into your life and pen down 10 situations that you felt were falling apart – and things turned out auspicious. *For example, your senior requested rework and when you did you realized that it turned for the good – you could deliver a better enhanced product to your customer. Look in.*



2. Who is Kālabhairava? He comes to share His manifestation through SPH Nityānanda Paramashivam in the discourse Kālabhairava \_ The 64 Forms Of Shiva, Marvels Of Temple Architecture <https://youtu.be/6OM7S2TSYjM>
3. Next, we enter ***Akashic Readings on Kāla – How to Control Time!*** <https://youtu.be/TcR6pXQ5lWg> [*Includes Meditation – May take 30-35 minutes*]
4. [\[Meditation\]](#) Strength of Kālabhairava. Kālabhairava. is eternally loving, caring, blissful, ferocious, ecstatic, blissful, ferocious. Meditate on Him. Be eternally loving like Him. <https://youtu.be/TcR6pXQ5lWg>
5. Advaitic activism means again and again and again, bringing yourself to Perpetual Completion. Feeling you are a victim is nothing but taking revenge on your own life.



6. This is what Bhagavān Kālabhairava comes to teach us – [You can change your reality](https://youtu.be/1YQFd9BmrIE)  
<https://youtu.be/1YQFd9BmrIE>
7. [\[Meditation\] Go and tell Kālabhairava., ‘All the known incompletions, I commit with you, I will complete. All the unknown incompletions, it is your responsibility, I am surrendering to you.’](#)

Included in your gifts is rare darshan of AdiKAILASA Mahakalabhairava – go and tell Him *All the known incompletions, I commit with you, I will complete. All the unknown incompletions, it is your responsibility, I am surrendering to you to seek His Divine grace in your life,*





8. **\_Life is Mahabharata** <https://youtu.be/mrn5VKrrllc> Understand Life is Mahabharata – start thinking, living Advaita in everything you do. Includes guided completion – please plan for 15 minutes.
9. Included in your gifts today is the audio discourse on Swadhishtana Chakra. Listen to this rare discourse on fear and how to go beyond it by The SPH Nithyānanda Paramashivam and answer the following questions:
  1. *What is fear?*
  2. What is the root of all fear?
  3. Where is the Swadhishtana Chakra located? When you experience fear next in life, remember to feel it in your body- shrinking



4. Look in to your life and pen down 10 fears that are controlling your daily habits and emotions
5. Come back to this audio and do the meditation included to go beyond.
6. Ferociousness is the source from which rejuvenation happens. When you allow fermentation of ferociousness inside you, rejuvenation happens – **Pen down 5 instances where you applied this truth and manifested miracles for your life - Ferociousness - The DEFINITIVE Guide**  
|| 17 MARCH 2021 || [https://youtu.be/n9ufBT\\_nH8E](https://youtu.be/n9ufBT_nH8E)
7. Be Ferocious With Your Boredom & Tiredness - <https://youtu.be/EmR84C2H3Xk>



8. For this experience, The SPH Nityānanda Paramashivam – through the death process gives us the unique glimpse of death. *Included in your gifts is His experiences of death in 6 situations for us go beyond death!*
- My Own Death Experience, Page 36
  - During Death, Everything in This World Becomes Insignificant, Page 56
  - Death in My Presence – Before & After Enlightenment, Page 31 – 44
  - You Choose Your Body, Your Birth, Page 69
  - Be in the Present, Page 71



What is the best Stress Buster? *Puma* – Here is how puja helps – <https://youtu.be/jw2sQUHVnWY>

1. **Vishesha Deeksha – Initiation To Gain Direct Access To Sadāshiva**

<https://youtu.be/fz1JsRciAr0> Pen down the 10 super conscious breakthrough experiences you have had since the Vishesha Deeksha

2. What does the SPH Nityānanda Paramashivam say about Puja? His personal experiences shared in this rare footage *Bliss is Good Puja* <https://www.youtube.com/watch?v=vsaqUVbiY5k>

3. How does Puja help in manifesting of powers? Answer is here - Devotion in Relative Existence & Oneness in Reality - Manifests as Powers <https://youtu.be/-85nd4V-cDo>



4. What is the science of Vishesha Deeksha? 11 NOVEMBER 2019, What is the best Stress Buster? <https://youtu.be/jw2sQUHVnWY>
5. **Exercise - Paramashiva is real and He is available now, here for all of us. Keep this as your inner space and cognition. Whatever cognitions you carry is the source of energy, life for your system. The cognition you carry decides how this is going to function - your inner image, outer image, others' image, life image. All the four are defined by the cognitions you carry. Your cognitions are you fuel.** 19 April 2019, Paramashiva is Real & Available for You , Kailāsa, 19 April 2019, <https://youtu.be/xEtd4-VvF5c>
6. *The most frequently asked question – How to pray? 21 November 2018, You Are Totality Of Evolved Body And Descended Consciousness - Move From Natural Selection To Conscious*



*Decision To Manifest Powers, <https://youtu.be/ktx3Jc0ctEw> “Whoever experiences the conscious decision in their very core DNA level, they are Incarnation. It is possible for you. It is possible for you. Decide, continuously hold that conscious decision - you are Paramashiva, and tell Paramashiva, “Prabhu, Mahadeva, I know you reside in me. I invoke you with all my Being. Please open up. Let your conscious decision capacity manifest in my DNA and upgrade myself from the natural selection process to conscious decision process.”*

7. *Vishesha Dīkṣā is nothing but giving you Paramaśiva personal number, hot line connection, so every day during the puja, that few minutes, you can connect with Him in Oneness...Included in your gifts is the guided manual for Guru & Shiva Puja – Paramaśiva sharing How to connect with Him daily.*



8. Meditation – Please watch the Akashic readings on death revealed through the SPH Nithyananda Paramashivam daily -

Sacred Secrets of Death Part 1\_Akashic Records Read by Paramahansa Nithyananda  
<https://youtu.be/nPIFdHlg0fc>, Sacred Secrets of Death Part 2\_Akashic Records Read by  
Paramahansa Nithyananda <https://youtu.be/YQOOKjNRvcw>,

Sacred Secrets of Death Part 4\_Akashic Records Read by Paramahansa Nithyananda  
<https://youtu.be/TchZp0dunsk>

Sacred Secrets of Death part 5\_Akashic Records Read by Paramahansa Nithyananda  
<https://youtu.be/E11xSIHOlhs>



# Detoxification - Manifest MahaBhairavā

## Detox with Pazhaya Sorum – One Week Cycle, Once a Year

When taken as only one meal a day, it'll burn the whole stomach and cleanse all the toxins.

There won't be anything left inside your body to make you feel heavy,

Cook rice in water at night. Leave the rice soaked in water whole night.

Next day morning, drink that water and eat the cooked rice with green chilli





Paramaśiva super conscious mutation manifestations, when He super consciously mutated His manifestations, 64 manifestations documented in Veda Āgama, which He himself describes, manifesting all of them in you is the complete manifestation of Paramādvaita. This whole program, is an upgraded new beginning. It is not going to be stopping with you manifesting the powers and possibilities of you are consciousness. It is going to be letting Paramaśiva land in you and manifest the powers and possibilities of Paramaśiva Himself.

***The SPH Nityānanda Paramashivam,*** *64 Incarnations of Paramaśiva, 27 February 2022*



Paramaśivoham.org



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