



Guru Bhakti
Revelations from the Avatar

HIS HOLINESS PARAMAHAMSA NITHYANANDA



Published by Nithyananda University Press | Copyright © 2018

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher.

Printed in India | First Edition 2018

Nithyananda University

9720 Central Avenue

Montclair, CA 91763 USA

www.nithyanandauniversity.org

Contents

☞ Just Guru Bhakti can give you Enlightenmentte

☞ Fall in love with your higher personality

☞ Become part of Sadashiva's secret life!

☞ Guru Bhakti leads you to Shivoham

☞ Let your Guru Bhakti be unshakeable





Just Guru Bhakti can give you Enlightenment

Guru Bhakti itself is an independent method to lead you to Enlightenment, without any other technique or methodology. Without the need to move your body to one side or other, blow your nose even once, or stare into the mirror even once, or get into your past even once - without any technique, any method, just Guru Bhakti alone is independently intelligent enough to lead you to enlightenment. I tell you: even after enlightenment I realized that Enlightenment itself is eternally the result of Guru Bhakti, that is all.

Actually, after Enlightenment, what you are going to bring into you, what is going to be your foundation cognition, your basic cognition to exist, is Guru bhakti! Guru bhakti is not your words, your own concept of Guru; it is authentically aligning yourself. Authenticating yourself, authentically aligning yourself to your Guru by aligning your inner image, outer image, others' image and life image, with your connection to your Guru. It is actually not difficult!



The Guru's feet is the ultimate tirtha. No parivrajaka [spiritual wandering] will help after leaving the Guru's feet. That is the ultimate tirtha. Any parivrajaka - in three days depression; fourth day, suicidal depression !

Only a person who constantly tells you 'POSSIBLE', accept him as Guru. And never leave him. Never leave him. Possibility is His statement. Positivity is his state. As I said, Guru is the statement of God. God is state of Guru. Let your statement be possibility always and your state-mental be positivity always. Maybe a new word, it's okay, state-mental ! Let your statement be possibility always and state-mental be positivity always.

Remember, today's Guru Purnima message is Guru Bhakti. It means, becoming authentic to your connection with the Guru, becoming integrated to your connection with the Guru, taking responsibility to align yourself with your Guru, enriching yourself and others with your Guru's energy.

Guru Bhakti is an independently intelligent enough technique to lead you to from step One to ultimate enlightenment. And even after enlightenment, the result for your life is Guru Bhakti, that is the ultimate satya, the ultimate prasad.



Fall in love with your higher personality

You do have Sadāshivatva in you.

You are hardwired for it ! It is not that your Sadāshivatva is a gift from somebody. No !

Understand: just like how, when you fall asleep, you set the alarm and tell the alarm, “Eyy, wake me up tomorrow morning” - that is exactly the way I sent my Gurus to the Planet Earth ahead of Me and said, “Eyy, I am coming, wake Me up,”

See, assuming the human body is almost like falling asleep.. how entering into deep sleep and dream state is for you guys, it is exactly the same way for Me to enter into the jagrat state and assume the human body.

My alarm clocks were my Gurus. They just reminded Me to fall in love with My higher personality - Sadāshiva.

The first and foremost sacred secret I want you to know - Integrity is falling in love with your higher personality.



There are two types of love [for the Guru]: an exploiting, sucking love and a chaste love.

A chaste love, when it opens, the first thing you will feel is, “What a Being! I will be integrated to Him!” The exploiting, sucking love means, “Ahh, let me possess and do what I can, get what I can get out of him.” A chaste love means, the moment you fall in love, “Wow! I have decided, I will be integrated to him from my core.”

That is the first decision I took, when I had darshan of Arunagiri Yogeshwara - “Wow!” Of course, I did not measure it, or I did not understand Him. I just know that He is something which is more than what I expected, as Possibility or whatever I know as possibility. The moment I understood that, the first thing I decided was, “I will be integrated to Him.” Arunagiri Yogeshwara is nothing but all My fantasy, how I wanted a Guru to be enjoyed. It personified and become reality is Arunagiri Yogeshwara. How best way the Guru should be enjoyed. The personification is Arunagiri Yogeshwara. He is nothing but helping Me to fall in love with My higher personality, who is Arunagiri Yogeshwara again. Understand. From outside, He made Me fall in love with Him. From inside, He made Me fall in love with Him.



Falling in love can either make you decide to possess and squeeze and suck and exploit him, or it can make you decide to be integrated and listen to him. Both can be done. Both can happen. That will only decide whether you are going to be a Rudrakanya or a court dancer; whether you are going to be a chaste woman or a prostitute!

A chaste woman, when she falls in love, decides to be listening and integrated. A prostitute only plans to exploit, suck and possess and fleece, whether it is money, power or whatever, whatever. Same thing for men and women; it is not gender-based, it is gender-neutral. Gender neutral. A real disciple, a man, when he falls in love, decides to listen and integrated - or he plans cunningly how to keep everything under the control and have his share of power, everything in his hand. When I fell in love with Arunagiri Yogishwara, I decided to listen and be integrated to him.

How to prove that I am in love with him! He is not missing

anything that I can add. The only way to prove that I am in love with Him, is my integrity to Him. That is the only way I can prove that I am in love with Him! What He does not have, which I can give him and show him that I am in love with him!

When you fall in love, the first thing that should happen to you is deciding to be listening, integrated. If you hit the bottom, “Oh, how much I can sacrifice?”, you have hit the rock bottom; water is not going to come in this borewell. Borewell failure! If you know, “Integrity is the only way I can tell Him that I am in love with Him,” then you are Ganga! You are Ganga.

Ganga can break her very bio-memory quality of flowing downward, and can go upward, just to touch the feet of Vishwanatha in Kashi, by taking uttarvahini, taking a turn towards North. She is just showing, “I am in love with you, and I am ready to lose my very quality of flowing downward. The very identity of water is to flow downward, but I am ready to give up even that, just to tell you that I am in love with you.” That is the Integrity. Uttarvahini, She turned towards North just to tell Sadāshiva, “I am in love with you.”

Understand: only when I am in love with you, I make you



love Me! The biggest gift you can receive from the Master is Guru Bhakti; love towards the Guru. If you just pick up that one gift - Guru Bhakti - everything else will just follow you.

Integrity is nothing but falling in love with the higher personality of you, the higher side of you. It is a romance with the higher side of you; it is a romance with a higher

possibility of you.

I saw Arunagiri Yogeshwara as My higher possibility, My higher personality. When I fell in love with Him, when I decided to be integrated to Him, it just became the flowering of Me.



Become part of Sadashiva's Secret Life!

On planet Earth, the laws of public life prevail. In Devaloka or Asuraloka, laws of personal life, private life – prevail; the understanding between you and Devendra, the understanding between you and Mahabali, or whoever is the head of Asuraloka. That is all that matters in those lokas.

But the ethics of Kailasa are the laws of secret life. In Kailasa, no law exists other than your integrity to love for Sadāshiva. Nothing else matters. No law exists. Being in Bhuloka means that you are part of somebody's public life. Being in Devaloka or Asuraloka means that you are part of somebody's private life; the laws of private life apply. In Kailasa, only the laws of secret life apply! There is no law, there is no rule; only integrity to love.

In that plane of ethics, the individual will is highly revered. The individual's decision to be integrated or not integrated is highly revered.



When Sati wanted to leave Kailasa, I tried to support her and make Her understand, but when She was adamant, I sent Vīrabhadra to destroy Daksha - but did not protect Sati! How much of time would it have taken for Vīrabhadra to protect Sati instead of destroying Daksha? But the instruction was to destroy Daksha, not protect Sati!

Understand: she is Adishakti herself! She took another body, became Parvati, came down again - all that is great, but the moment she decided, out of her own will, to step out of Kailasa - yes, okay, if that is what has to happen to your body, if that is what you have decided, nobody can stop it.

Vīrabhadra was sent to destroy Daksha, to teach a lesson to Daksha, but not to protect Sati. Can Nandi miss? No! Can Vīrabhadra miss? No! They were not instructed to protect Sati! The moment you decide, your will is respected.

Understand: when you fall in love, nothing else is required for Integrity other than your Will. If you are saying, “I want to be integrated, but I don’t know how”, and if you are believing, “I want to be integrated but I don’t know how” - you are worst hypocrite! The area you need to attend is more than Completion.



Fall in love with your higher personality - Guru. I can see very clearly, whoever is in love with Me, they are in love with Integrity; Integrity is so smooth for them! When there is no love, you use every methodology to either believe that Integrity is not possible, or cheat that you are already integrated, without living it.

Understand: this is the scale to measure whether you are integrated or not. If you are integrated, you will manifest Sadāshivatva - ME. You will manifest the powers I am manifesting. You will manifest everything. That is the scale. That is the scale!



Guru Bhakti leads you to Shivoham

Please understand: any activism in your life, the first step is moving towards SHIVOHAM. Align your inner image towards what your Guru wants as your inner image. How you project yourself to your Guru—sit and align, sit and analyze, how he holds you, what is his anyakaara for you. Are you taking responsibility for it?

Anyone who takes responsibility to align themselves to My anyakaara, I commit with you: you experiencing Shivoham is My responsibility. As Sadashiva. I give you the boon of living Shivoham. When the Guru ordains, He sustains. Understand: I never ordain anything which I cannot sustain ! If I have told you, do completion for three months, I have already sent the energy to do completion to you, and only then I ask you to do it. If Krishna is asking Kuchela to do all the daanas [enriching through charity] whatever wealth is required for Kuchela to do the daanas, Krishna has already sent to Kuchela's



house, and only then He is asking Kuchela to do the daanas.

Understand, anything I ordain, I have already sent whatever is required to you; I already sent whatever is needed to sustain it, only than I ordain. Stand up to Guru's anyakaara. Impossibility is not cute. Nobody is here to celebrate your powerlessness. Powerlessness is not fashionable. Impossibility is not cute. Nobody is going to tell you, 'Oh, how innocent and cute he looks.' No! Shiva Ganas are the modern-day fashion! Be a Shiva Gana. 'Gana' means, 'filled in length, depth, breadth, by Shiva'. Let your length, breadth, depth, be filled by Shiva. That is the meaning, the definition, of Shiva Gana. Let not any dimension of you be left without being filled by Shiva, Sadashiva.

Remember: when Sadashiva ordains, He sustains. The living expression of Sadashiva, your Guru - when He ordains, He sustains. What is the influence of your Guru in your inner image? What is the influence of your Guru in your outer image? What kind of outer image do you show to your Guru, and what is your Guru's anyakaara for you? How much have you taken responsibility, and what is your anyakaara towards you? How do you hold him, and what is your inner image towards Guru and life? Align all the four to its highest possibility - that is Guru bhakti. That is Guru bhakti! Whether you understand or don't understand, this is Guru bhakti.

First, bring authenticity in your connection with the Guru. Bring integrity in your words with the Guru, bring responsibility in your connection with the Guru, only then you will be enriched by the Guru's energy, and you can enrich the world with the Guru's energy.



Let your Guru Bhakti be unshakeable

Please understand: there is a part of you which goes on changing. For example, who you were at the age of seven, you are not the same at the age of twenty, you are not the same at the age of fifty. The part which is changing is continuously dying; you don't need to worry about that. The part which does not change will never die. It is there forever. It is going to be there forever.

Please understand - a part which changes, and a part which does not change. You assume yourself as mixture of both.

न जायते म्रियते वा कदाचिन्नायं भूत्वा भविता वा न भूयः । अजो नित्यः
शाश्वतोऽयं पुराणो न हन्यते हन्यमाने शरीरे ॥2.20॥
na jāyate mriyate vā kadācinnāyaṃ bhūtvā bhavitā
vā na bhūyaḥ । ajo nityaḥ śāśvato'yaṃ purāṇo na
hanyate hanyamāne śarīre ॥2.20॥



There is part of you which never dies, and that is real you. But you have the freedom to associate yourself with the part which dies also, and suffer; no problem! See there is some immediate utility for you when you associate yourself with the part which changes. Life looks more colorful. You can taste rasogulla, you can taste green chili, you can have a little fight; you can have a little so-called love. You can play with all these games.

I am telling you exactly a sacred secret from my experience: whether a taste or a sound or smell or seeing or touching, this is exactly what I feel, “Arrey, it’s just a joy, a play!”

You also entered into this play only as a casual choice. It is not that you are interested in getting bound and suffering with these five senses and being tortured, no! How I am playing, that is the way you also started; in the middle of the play, you just forgot that it is the play that you started, nothing else. I am still remembering, “Arrey, I started it; if it is not there, ok go - next!”

My association with the perishable part of Me is casual, non-serious, not a committed relationship; just a casual flow. In your life - it is so unfortunate, really, really,



really unfortunate - your relationship with your perishable parts, that perishable dimension, has become a serious commitment.

Let Me be very honest. When I had the fracture in the hand, all I did is just one thing... “Eyyy! if it can be destroyed, it can never be useful for Me, because My mission is to awaken that something which can’t be destroyed in everybody. Only for that, this whole play is happening. So, naturally, if something is going to be destroyed, that is not going to be useful for Me. Forget about it!”

And I saw that there was no suffering because of something which can be destroyed. I am not saying that immediately, in one hour, the body got healed. No. But it got healed in 50% of the usual time.

All I am trying to tell you is that the perishable cannot

bring suffering to you. Don’t take your relationship with perishable objects as a serious commitment. It is not a committed relationship; it is a casual relationship. Again and again, you forget that there is some part of you which does not perish. Any action you do, any decision you make, based on this understanding that a part of me is non-perishable, is tapas. More and more the tapas, more and more the expansion of your existence, more and more you are expanding this great truth.

I tell you: the unbroken Guru Bhakti can happen only when you start looking at Me beyond all My actions. Please understand, I do not do any action. Now I am saying that I am not talking to you; if it clicks with you, your devotion can never be shaken. None of My actions can be understood by you, because I am not acting; I have no action.

See, action needs certain components - will, ambition, energy and execution. In whatever you see as action in Me, 99% of those components are missing. Then how will you call this an action? All the components for action are missing.

It is so unfortunate that people impose the ambition and reason and logic (which are behind their own actions) on My actions, which do not have all that. Only when



you click with the Master beyond His actions, you are safe forever. I tell you: to live with a disciple with whom that click has happened is heaven for an incarnation !

Incarnations decide to live on planet Earth for a longer period when they see at least a few disciples for whom the click has happened beyond the action of the incarnation. If

you realize, if you understand, that My actions do not have the ambition, reason or logic which you usually have when you perform the same action, when this clicks with you, your devotion becomes unshakeable.



ABOUT HIS HOLINESS PARAMAHAMSA NITHYANANDA

His Holiness Paramahansa Nithyananda is revered, regarded, respected and worshipped as the Avatar (Living Incarnation) of super-consciousness by millions across the globe.

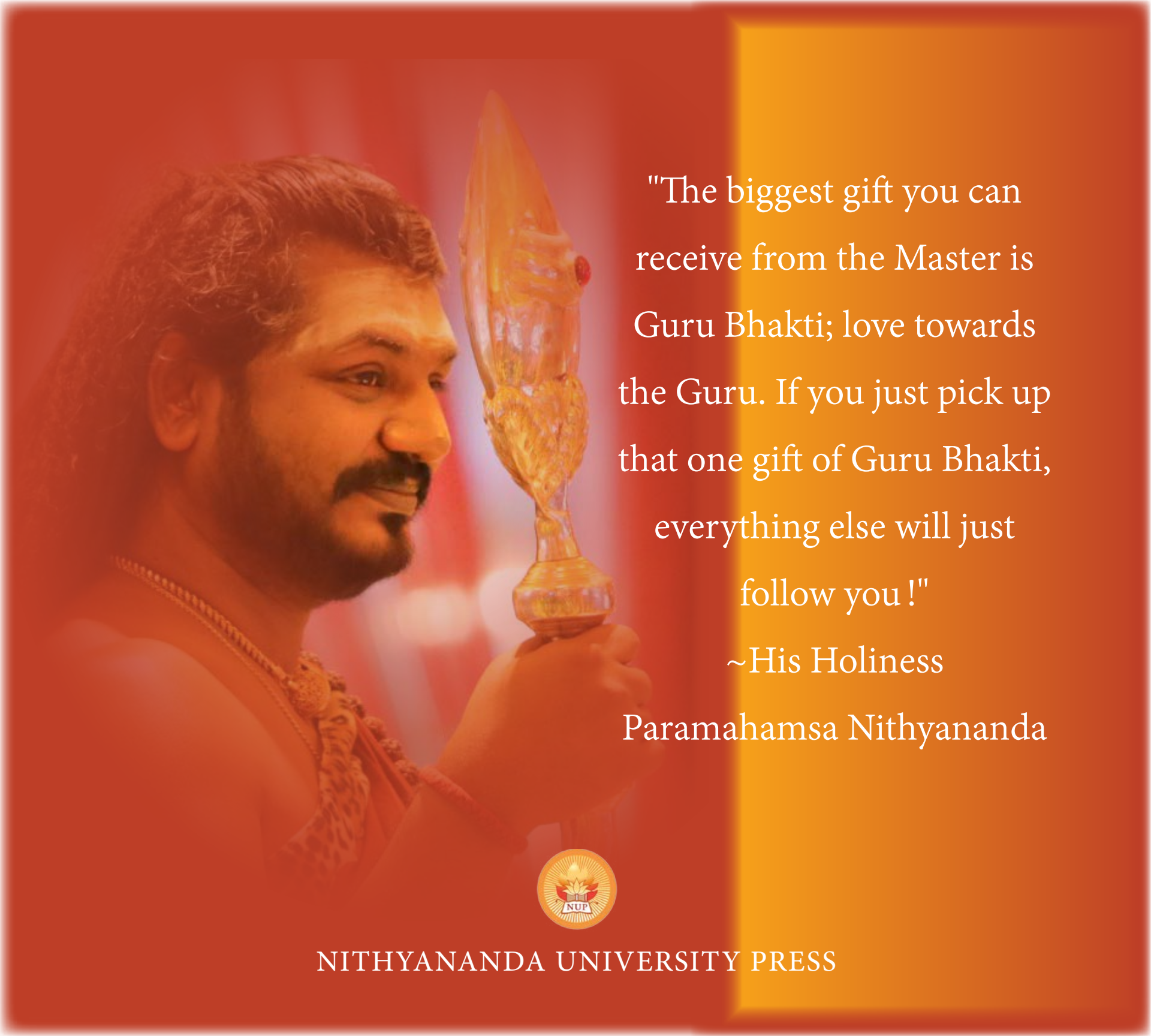
He is also the spiritual head of Mahanirvani Peetha, the oldest and largest apex body of Hinduism.

He and his Sangha (spiritual community), around the globe, are serving humanity by reviving the science of completion, science of Enlightenment and manifesting various extraordinary spiritual powers as per the Vedagama tradition of Sanatana Hindu Dharma.

He is the author of 300 books, which are translated and published in 500 titles and various international languages.

His Sangha has a strong presence worldwide through numerous temples, Aadheenams (temple-monastery complexes), Gurukuls (Vedic schools), universities and goshalas (cow shelters) established by Him.

His live satsangs (spiritual discourses) are viewed, every morning (8am IST) by people around the world.



"The biggest gift you can receive from the Master is Guru Bhakti; love towards the Guru. If you just pick up that one gift of Guru Bhakti, everything else will just follow you!"

~His Holiness

Paramahansa Nithyananda



NITHYANANDA UNIVERSITY PRESS